

Single Blues

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 4 级数: Improver
编舞者: Jan Brookfield (UK) - January 2014
音乐: Single Tonight - Jessica Clemmons : (Single)



Also With No Restarts :

"Invitation To The Blues" by Rodney Crowell & Emmylou Harris [120 Bpm]

SECTION 1 : STEP BACK, TOUCH, STEP FORWARD, TOUCH, CHASSE RIGHT, CROSS ROCK, RECOVER

1,2,3,4 Step back on R, touch L toe in front of R; step forward L, touch R toe next to L
5&6,7,8 Chasse right on R,L,R; rock L across R, recover onto R

SECTION 2 : STEP, TOUCH, STEP TOUCH, CHASSE LEFT WITH ¼ TURN, ¼ PIVOT TURN

9,10,11,12 Step L to side, touch R next to L; step R to side, touch L next to R
13&14 Chasse left on L,R,L making a quarter turn to left (9 o'clock)
15,16 Step forward on R, make a quarter pivot turn to left, transfer weight onto L (6 o'clock)

NB. Restarts Needed Here Only If Using "Single Tonight"

(A) After 3 Walls + 16 Counts Of The 4th Wall, You Will Now Be Facing 9 O'clock

(B) After 3 More Walls + 16 Counts Of The 4th Wall, You Will Now Be Facing 6 O'clock

SECTION 3 : JAZZ BOX CROSS, WEAVE FOR 3 STEPS, TOUCH

17,18,19,20 Step R across L, step back on L,, step R to side, step L across in front of R
21,22,23,24 Step R to side, step L behind R, step R to side, touch L next to R

SECTION 4 : CHASSE WITH ¼ TURN LEFT, CHASSE RIGHT WITH ¼ TURN, CHASSE WITH ¼ TURN LEFT, ROCK FORWARD, RECOVER

25&26 Chasse left on L,R,L making a quarter turn to left on last step (3 o'clock)
27&28 Chasse on R,L,R to the right side making another quarter turn to left (12 o'clock)
29&30 Chasse left on L,R,L making another quarter turn to left (9 o'clock)
31,32 Rock forward on R, recover onto L in place

START AGAIN

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