

# Dance, Up and Up

**COPPER** KNOB  
STEPSHEETS

拍数: 36      墙数: 1      级数: Beginner  
编舞者: Marie H. Sacarello - January 2014  
音乐: La Bamba - Selena



Intro. : 32 counts from start of music

Note: Add Cuban motion, the typical Latin hip action to count 1-16.

## [1-8] Right forward lock step, touch, Left forward lock step, touch

1-2            Step forward on right , Step left behind right  
3-4            Step forward on right, Touch left next to right  
5-6            Step forward on left , Step right behind left  
7-8            Step forward on left, Touch right next to left

## [9-16] Right chasse, Touch, Left chasse, Touch

1-2            Step right to right side, Step left next to right  
3-4            Step right to right side, Touch left next to right  
5-6            Step left to left side, Step right next to left  
7-8            Step left to left side, Touch right next to left

## [17-24] Right shuffle back, Left shuffle back, Right shuffle back, Left shuffle back

1&2            Shuffle backwards stepping RLR (slightly towards diagonally right)  
3&4            Shuffle backwards stepping LRL (slightly towards diagonally left)  
5&6            Shuffle backwards stepping RLR (slightly towards diagonally right)  
7&8            Shuffle backwards stepping LRL (slightly towards diagonally left)

## [25-32] Right grapevine, Touch, Left Grapevine, Touch

1-2            Step right to right side, Cross left behind right  
3-4            Step right to right side, Touch left next to right  
5-6            Step left to left side, Cross right behind left  
7-8            Step left to left side, Touch right next to left

## [33-36] Side touch x 2

1-2            Step right to right side, Touch left next to right  
3-4            Step left to left side, Touch right next to right

Have fun and stay healthy!

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