

Go Gentle

拍数: 32 墙数: 4 级数: Newcomer
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音乐: Go Gentle - Robbie Williams



CHASSE, ROCKSTEP, KICK, STEP, KICK, STEP, ROCKSTEP

1 & 2 Step RF to Right side, Step LF next to RF. Step RF to Right Side
3 - 4 Rock LF back, Recover forward on RF
5 & 6 & Kick LF forward, Step LF next to RF, Kick RF forward, Step RF next to LF
7 - 8 Rock LF forward, Recover back on RF

SHUFFLE BACKWARDS, TOUCH, ½ TURN, SWEEP, CROSS, STEP, ¼ TURN, CHASSE

1 & 2 Step LF backwards, Close RF in front of LF, Step LF backwards
3 Touch RF backwards
4 Turn ½ to the right and step on RF while LF is sweeping from back to front
5 - 6 Cross LF over RF, Step RF backwards and turn ¼ to the left
7 & 8 Step LF to left side, Step RF next to LF, Step LF to left side

ROCKSTEP, CHASSE, TOUCH, HITCH, STEP, TOUCH, HITCH, STEP

1 - 2 Rock RF forward, Recover back on LF
3 & 4 Step RF to Right side, Step LF next to RF. Step RF to Right Side
5 & 6 Touch LF diagonally to the right, Hitch R knee, Step LF next to RF
7 & 8 Touch RF diagonally to the left, Hitch L knee, Step RF next to LF

ROCKSTEP, SHUFFLE BACKWARDS, TOE STRUT, TOE STRUT ½ TURN

1 - 2 Rock LF forward, Recover back on RF
3 & 4 Step LF backwards, Close RF in front of LF, Step LF backwards
5 - 6 Touch RF backwards, Drop R heel
7 - 8 Touch LF backwards. Turn ½ to the left and drop L heel

START AGAIN HAVE FUN

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