

# 2 Become 1

拍数: 32      墙数: 2      级数: Intermediate - NC2S  
编舞者: David Sinfield (UK) - January 2014  
音乐: 2 Become 1 - Spice Girls : (iTunes)



## Dance Starts on Lyrics

### SIDE BACK ROCK, SIDE ROCK ¼ TURN STEP, SHUFFLE FORWARD, STEP PIVOT STEP

1-2&      Step right to right, rock left behind right, recover weight onto right  
3&4      Rock left to left, step right ¼ turn right, step forward left  
5&6      Step right forward, close left beside right, step right forward  
7&8      Step left forward, pivot ½ turn right, step left forward

### SIDE, BACK ROCK, SIDE, BACK ROCK, SCISSOR CROSS, SYNCOPATED FULL TURN (TRAVELLING TO LEFT SIDE)

1-2&      Step right to right side, rock back on left, recover weight on right  
3-4&      Step left to left side, rock back on right, recover weight on left  
5&6      Step right to right, close left beside right, cross right over left  
7&8      Step back on left spin ½ turn right, step forward on right spin ¼ turn right, step back on left spin ¼ turn right

### LUNGE FORWARD, SWEEP BEHIND, SWEEP BEHIND, BEHIND SIDE CROSS, SIDE, TOGETHER, FORWARD

1-2      Lunge forward right, recover weight onto left  
3-4      Sweep right toe ½ circle behind left, sweep left toe ½ circle behind right  
5&6      Cross right behind left, step left to left, cross right over left  
7&8      Step left to left, step right beside left, step left forward

### ROCK ½ TURN RIGHT, ROCK ¼ TURN LEFT, BACK ROCK SIDE, CROSS ½ TURN

1&2      Rock forward right, on the ball of left spin ½ turn right, step right beside left  
3&4      Rock forward left, on the ball of right spin ¼ turn left, step left beside right  
5-6&      Rock back on right, recover onto left, step right to right  
7&8      Cross left over right, on the ball right spin ½ turn left, step left beside right

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