Country Soul



编舞者: Marie Sørensen (TUR) - January 2013

音乐: Country Soul - Derek Ryan: (Album: Country Soul - iTunes)



Intro: 96 Counts

LOCK STEP FWD. RIGHT, HOLD, LOCK STEP FWD. LEFT, HOLD

1-2 Step right fwd. lock left behind right

3-4 Step fwd. right, hold

5-6 Step left fwd. lock right behind left

7-8 Step left fwd. hold (12:00)

ROCK, RECOVER, STEP BACK, HOLD, RUN BACK LEFT, RIGHT, LEFT, HITCH

1-2 Rock fwd. right, recover3-4 Step back right, hold5-6 Run back left, right

7-8 Run back left, hitch right (12:00)

BACK ROCK, RECOVER, STEP FWD. HOLD, STEP 1/4 TURN, CROSS, HOLD

1-2 Back rock right, recover3-4 Step fwd. right, hold

5-6 Step fwd. left, 1/4 turn right (Weight on right)

7-8 Cross left over right, hold (03:00)

EXTENDED VINE RIGHT

Step right to right side, cross left behind right
Step right to right side, cross left over right
Step right to right side, cross left behind right

7-8 Step right to right side, cross left over right (03:00)

Restart the dance at this point during wall 3

SIDE, DRAG, BACK ROCK, RECOVER, SIDE, DRAG, BACK ROCK, RECOVER

1-2 Step right to right side, drag left up to right

3-4 Back rock left, recover

5-6 Step left to left side, drag right up to left

7-8 Back rock right, recover (03:00) Restart the dance at this point during wall 2 & 5

SIDE, ROCK, CROSS, HOLD, SIDE, ROCK, CROSS, HOLD

1-2 Rock right to right side, recover
3-4 Cross right over left, hold
5-6 Rock left to left side, recover
7-8 Cross left over right, hold (03:00)

Restart the dance at this point during wall 8

POINT, TOUCH, HEEL, HOOK, LOCK STEP, HOLD

1-2 Point right to right side, touch right beside left3-4 Tap right heel fwd. hook right up in front of left

5-6 Step fwd. right, lock left behind right

7-8 Step fwd. right, hold (03:00)

STEP ½ TURN, STEP, HOLD, STEP ½ TURN, TOUCH, HOLD

1-2	Step fwd, left, ½ turn right (Weight on right)
3-4	Step fwd. left, hold
5-6	Step fwd. right, ½ turn left (Weight on left)
7-8	Touch right beside left, hold (03:00)

RESTARTS:-

During wall 2, after 40 counts - Facing 06:00 During wall 3, after 32 counts - Facing 09:00 During wall 5, after 40 counts - Facing 03:00 During wall 8, after 48 counts - Facing 12:00

Have Fun!

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