

# Work Hard Play Hard

COPPER KNOB  
STEPSHEETS

拍数: 96      墙数: 2      级数: Intermediate  
编舞者: Alice Cheong (MY) - December 2013  
音乐: Play Hard (feat. Ne-Yo & Akon) - David Guetta



Sequence: AA Tag B AAA Tag B A- AA B-  
Intro: 32 counts

## A (32 counts)

**(1-8) Walk back R,L, RF side rock cross, hinge ½ turn R, LF side rock cross**

1-2            Walk back RF, LF  
3&4            Rock RF to right, recover onto left, cross RF over LF  
5-6            Turn 1/4R stepping back on LF, turn 1/4R stepping RF to right (6.00)  
7&8            Rock LF to left, recover onto right, cross LF over RF.

**(9-16) Step right, Hold, Ball step right, Step fwd LF, RF mambo fwd, touch, hitch \*\* (R..LF touch, step beside RF)\*\***

1 2&3 4        Step RF to right, hold, step ball of LF next to RF, step RF to right, step LF fwd  
5&6            Rock RF fwd, recover onto left, step RF back  
7-8            Touch LF to Left, Hitch LF beside right knee

**(17-24) Step left, Hold, Ball step left, hold, Jazz box with RF**

1 2&3 4        Step LF to left, hold, step ball of RF next to LF, step LF to left, hold  
5 6 7 8        RF cross over LF, Lf step back, step RF to R side and touch LF beside RF

**(25-32) Step back LF, Hold, Ball step back, Step back RF, Turn 1/2L, Step fwd RF, Pivot 1/2L, Touch**

1 2&3 4        Step back L, hold, step ball of RF next to LF, step back LF, step back RF  
5-6            Turn 1/2L stepping LF fwd, step RF fwd pivot 1/2L  
7-8            Step LF fwd, touch RF beside LF (6.00)

## B (64 counts)

**(1-8) 1/2R Curvy walk, 1/2R Curvy walk**

1 2 3 4        1/2R curvy walk R, hold, L hold (6.00)  
5 6 7 8        1/2R curvy walk R,L,R hold (12.00)

**(9-16) Repeat Curvy walk to left**

**(17-24) Step fwd RF, Hold, Step fwd LF, Hold, RF Mambo Fwd**

1 2 3 4        Step RF fwd, hold, step LF fwd, hold  
5 6 7 8        Rock RF fwd, recover onto left, step RF back, hold

**(25-32) Step LF backward, Hold, Step back RF, Hold, LF mambo backward**

1 2 3 4        Step LF backward, hold, step RF backward, hold  
5 6 7 8        Rock LF backward, recover onto Right, step LF fwd, hold

**(33-40) Touch RF to right, Touch beside Left, Step right, Touch LF beside right, Touch LF to left, Touch beside right, turn 1/4L, Touch RF beside left**

1 2 3 4        Touch RF to right, touch RF beside LF, step RF to right, touch LF beside RF  
5 6 7 8        Touch LF to left, touch LF beside RF, turn 1/4L stepping LF fwd, touch RF beside LF (9.00)

**(41-48) Repeat step 33-40 to face 6.00**

**(49-56) Repeat steps 33-40 to face 3.00**

**(57-64) Repeat steps 33-40 to face 12.00**

**TAG (4 counts) : Step RF to right, Step LF to left. Step RF back, Step LF back**

**For B- (count 1-32 of B) will be danced facing 12.00....**

**For A- dance up to 14 count, on 15, touch LF to side and 16 step LF beside RF**

**Enjoy and have fun!**

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