

It's a Heartache

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Improver
编舞者: Marie Sørensen (TUR) - December 2013
音乐: It's a Heartache - Derek Ryan : (Album: Dreamers and Believers - iTunes)



Intro: 16 Counts

VINE 1/4 TURN RIGHT, SCUFF, ROCKIN` CHAIR

1-2 Step right to right side, cross left behind right
3-4 1/4 turn right, step fwd. right, scuff left
5-6 Rock fwd. left, recover
7-8 Rock back left, recover (03:00)

STEP 1/4 TURN, WEAWE, SWEEP, BEHIND, POINT

1-2 Step fwd. left, 1/4 turn right (Weight on right)
3-4 Cross left over right, step right to right side
5-6 Cross left behind right, sweep right back
7-8 Cross right behind left, point left to left side (06:00)

CROSS, POINT, CROSS, POINT, JAZZ BOX, TOUCH

1-2 Cross left over right, point right to right side
3-4 Cross right over left, point left to left side
5-6 Cross left over right, step back on right
7-8 Step left next to right, touch right beside left (06:00)

Restart the dance at this point, during wall 4,5, 9 & 10

SIDE, DRAG, ROCK, RECOVER, 1/4 TURN, HOLD, SWAY, SWAY

1-2 Step right to right side, drag left up to right
3-4 Back rock left, recover
5-6 1/4 turn left, step fwd. left, hold
7-8 Step right to right side & and sway right, left (03:00)

RESTARTS:-

During wall 4, after 24 counts - Facing 03:00
During wall 5, after 24 counts - Facing 09:00
During wall 9, after 24 counts - Facing 12:00
During wall 10, after 24 counts - Facing 06:00

Have Fun!

Contact: sunshinecowgirl1960@gmail.com