

Cambiamenti

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver - "Slow Walk" rhythm
编舞者: Patrizia Porcu (IT) - November 2013
音乐: "Cambia-Menti" by Vasco Rossi (3:55) EMI RECORDS Italy



Start after 16 count on word "MACCHINA"

SECTION 1 Count 8

(1- 8) : POINT, POINT, FLICK BACK, LOCK FW, RECOVER, FW, POINT

1-2-3 Point R Forward, point R side, flick R back
4 & 5 Step R Forward, lock L to R (&), step R forward
6-7-8 Recover, step R Forward, point L forward

SECTION 2 Count 8

(9 - 16): POINT, FLICK BACK, LOCK FW, RECOVER, FW AND TURNING 1/4 R, BACK, CROSS OVER

1 - 2 Point L side, flick L back
3 & 4 Step L Forward, lock R to L (&), step L forward
5 - 6 Recover, step L Forward turning 1/4 R
7 - 8 Step R back, cross L over R

SECTION 3 Count 8

(17 - 24): R GRAPEVINE, HOLD, LTRIPLE STEP FULL TURN, CLOSE

1-2-3-4 Step R side, step L behind R, step R side, hold
5-6-7-8 Step L side and turn 1/2 L, step R side and turn 1/2 L, step L side, close R to L

SECTION 4 Count 8

(25 - 32): POLKA STEP, TURN 1/4 L, POLKA STEP, HEEL, HOP CHANGE, FW, TURN 1/4 L AND RECOVER

1 & 2 Step R side, close L to R, step R side (Galop style)
3 & 4 Turn 1/4 L and step L side, close R to L, step L side (Galop style) (NOTE)
5-6-7-8 R Heel Forward, hop change stepping L forward, step R forward, turn 1/4 L and recover on R

NOTE: At the 8th wall (3:00) do only 28 count AND RESTART (on the same front 3:00)

You can dance on alternative music on the same rhythm without restart as "Billy Jean" of Michel Jackson and a lot of other.

HAVE FUN!!!

For every request and questions email me

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