

Swing It Like You Mean It

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Ryan King (UK) - December 2013
音乐: Kick up Your Heels (feat. Pitbull) - Jessica Mauboy



Intro: 16 Counts.

Charleston Steps, Touch Turn 1/8 x 2 , Cross & Heel

1 2 Step Forward Right, Kick Left Forward.
3 4 Step Back Left, Touch Right Toe Back.
5 6 Push 1/8 Turn Left with Right Foot x 2 Keeping Weight on Left
7 & 8 Cross Right Over Left, Step Left to Left Side, Put Right Heel Forward

& Cross Side, Behind Side Cross, Step Point Behind Side Behind

& 1 2 Step Right to Right Side, Cross Left Over Right, Step Right to Right Side
3 & 4 Step Left Behind Right, Step Right to Right Side, Cross Left Over Right.
5 6 Step Right to Right Side, Point Left Behind Right.
7 8 Point Left to Left Side, Point Left Behind Right.

Left Chasse, Right Jazz Box, Cross Side, Left Coaster

1 & 2 Step Left to Left Side, Step Right Next to Left, Step Left to Left Side.
3 & 4 Cross Right Over Left, Step Back on Left, Step Right to Right Side.
5 6 Cross Left Over Right, Step Back on Right.
7 & 8 Step Back on Left, Step Right Next to Left, Step Forward Left.

Mambo Forward Mambo Back, Pivot 1/2 Left, Step Together, Heel Bounce

1 & 2 Rock Forward on Right Foot, Rock Back on Left foot, Step Back on Right Foot.
3 & 4 Rock Back on Left Foot, Rock Forward on Right Foot, Step Forward on Left Foot.
5 6 Step Forward Right, Pivot 1/2 Turn Over Left Should Placing Weight on Left.
7 & 8 Step Right Next to Left, Raise Both Heels, Lower Both Heels.

Tag: At the end of wall 10, bounce heels twice.
