

My Only Dreamers

COPPER KNOB
STEPSHEETS

拍数: 64
编舞者: Wanda Heldt (AUS) - August 2012
音乐: Only Dreamers - Helene Fischer

墙数: 4
级数: Easy Intermediate



No restarts / or if wish restart.. See Note.**/**

S1. RIGHT HEEL, HOOK, SHUFFLE FORWARD, LEFT HEEL, HOOK, SHUFFLE FORWARD

1-2 Right Heel forward, Hook or Touch toe across Left.
3&4 Right Shuffle forward
5-6 Left Heel forward, Hook or Touch toe across Right.
7&8 Left Shuffle forward

S2. ROCK, RECOVER, & STEP ON RIGHT, LEFT HEEL FORWARD, HOLD, & STEP ON LEFT, ROCK FORWARD ON RIGHT with a 1/4 TURN LEFT, RECOVER ON LEFT RIGHT SHUFFLE FORWARD R.L.R.

1-2 Rock forward on Right, Recover on Left
&3-4 Step on Right, Touch Left Heel forward, Hold.
&5-6 Step on Left, Rock forward on Right with a 1/4 turn Left, Recover on Left. [9:00]
7&8 Shuffle forward R.L.R - Wall 3 ** 7&8 Right Side Rock, Recover, Touch... Restart

S3. LEFT HEEL, HOOK TOE, SHUFFLE FORWARD, R. HEEL, TOE BACK, SHUFFLE FORWARD

1-2 Left Heel forward, Hook or Touch toe across Right
3&4 Left Shuffle forward
5-6 Right Heel forward, Hook or Touch toe across Left
7&8 Right Shuffle forward.

S4. ROCK, RECOVER, & STEP ON LEFT, RIGHT HEEL FORWARD, HOLD & STEP ON RIGHT, ROCK FORWARD LEFT with a 1/4 RIGHT, RECOVER ON RIGHT LEFT SHUFFLE FORWARD L.R.L.

1-2 Rock forward on Left, Recover on Right.
&3-4 Step on Left, Touch Right Heel forward, Hold.
&5-6 Step on Right, Rock forward on Left , Recover on Right with a turn 1/4 Right. [12:00]
7&8 Left shuffle forward L.R.L - Wall 6 ***7&8 Left side Rock, Recover, Touch.. Restart...

S5. RIGHT SIDE ROCK, RECOVER, CROSS SHUFFLE, HIPS LEFT, RIGHT, ROCK BACK ON LEFT, RECOVER ON RIGHT

1-2 Side Rock, Recover on Left.
3&4 Cross Shuffle R.L.R over Left.
5-8 Hips Left, Right, Rock back on Left, Recover on Right.

S6. LEFT SIDE ROCK, RECOVER, CROSS SHUFFLE, HIPS LEFT, RIGHT, ROCK BACK ON LEFT, RECOVER ON RIGHT

1-4 Side Rock Left, Recover on Right.
5&6 Cross Shuffle L.R L over Right.
7-8 Hips Right, Left, Rock back on Right, Recover on Left

S7. RIGHT SIDE ROCK, RECOVER ON RIGHT, CROSS SHUFFLE R.L.R. 2 X 1/4 TURN RIGHT, SHUFFLE FORWARD

1-2 Side Rock, Recover on Left.
3&4 Cross Shuffle R.L.R over Left.
5-6 1/4 turn Right step back on Left, 1/4 turn Right step Right to Right side.
7&8 Left Shuffle forward L.R.L.

S8. ROCK, RECOVER RIGHT, RIGHT COASTER STEP, ROCK ,RECOVER, LEFT COASTER STEP

1-2 Rock forward on Right, Recover on Left with 1/4 turn Right [3:00]
3&4 Step Right back, Step Left back next to right, Step forward on Right.
5-6 Rock forward on Left, Recover on Right
7&8 Step back Left, Step Right back next to Left, Step forward on Left.

Repeat..... HAVE FUN IN LIFE & IN DANCE

Last Update – 12 Feb. 2024 – R1
