

My Boogie Shoes

COPPER KNOB
STEPSHEETS

拍数: 44 墙数: 4 级数: Improver
编舞者: Christie Russell (USA) - December 2013
音乐: Boogie Shoes - KC and the Sunshine Band : (CD: Shake Your Body - iTunes)



Start dance on lyrics

SHUFFLE FORWARD - ROCK, SHUFFLE BACK - ROCK, STEP - TURNS

1&2 Shuffle forward R, L, R
3-4 Rock L forward, recover to R
5&6 Shuffle back L, R, L
7-8 Rock R back, recover to L
9-10 Step R forward, turn 1/4 left
11-12 Step R forward, turn 1/4 left
13-24 Repeat steps 1-12

STEP FORWARD, HITCH (2X) - STEP BACK, HITCH (2X)

1-2 Step R forward, hitch L
3-4 Step L forward, hitch R
5-6 Step R back, hitch L
7-8 Step L back, hitch R

SHUFFLE FORWARD, TURN - SHUFFLE FORWARD, TURN

1&2 Shuffle forward R, L, R
3-4 Step L forward, turn 1/2 right
5&6 Shuffle forward L, R, L
7-8 Step R forward, turn 1/2 left

TOE TOUCHES - TURN - TOE TOUCHES

1-2 Touch R forward, touch R back
3-4 Turn 1/4 left & touch R forward, touch R back

Repeat

Submitted by Don Corrigan - donjcor@aol.com