

Trying To Get Over You

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: High Intermediate (NC2)
编舞者: John Warnars (NL) - December 2013
音乐: John Garrity – Trying to get over You. (Vince Gill cover)



Intro: 16 counts

Section 1, (01 - 09)

STEP (fwd), Reverse L COASTER STEP (fwd)& DRAG (RF next LF), R COASTER STEP, STEP (fwd), ½ PIVOT R, ½ TURN R (step back), SWEEP (front to back), BEHIND, ? TURN L, ROCK;

1 RF step forward
2 LF step forward
& RF step\close next LF
3 LF step backwards & drag RF next LF
4 RF step backwards
& LF step\close next RF
5 RF step forwards
6 LF step forwards
& RF+LF ½ turn right (6)
7 LF ½ turn right, step back (12)
8 RF sweep, front to back & cross behind LF
& LF 1/8 turn left, side step (10:30)
1 RF rock forwards***

*** Only in the 7th wall after count 1 of the 1st block, there will be an extra "&" count (& = LF, recover on left) and
"Restart" the dance (1 RF step forward)

Section 2, (10 - 17) (All steps of these block are diagonal!)

RECOVER, ½ TURN R, ROCK, RECOVER, ¼ TURN L, ROCK (fwd), RECOVER, ½ TURN R, STEP (fwd), ½ PIVOT TURN R, ½ TURN R (step back), STEP (back) & DRAG (RF next LF);

2 LF recover back on LF
& RF ½ turn right, step forwards (04:30)
3 LF rock forwards
4 RF recover back on RF
& LF ¼ turn left, step forwards (01:30)
5 RF rock forwards
6 LF recover back on LF
& RF ½ turn right, step forwards (07:30)

*7 LF step forwards

*& RF+LF ½ turn right (01:30)

*8 LF ½ turn right, step backwards (07:30)

& RF step backwards
1 LF step backwards & drag RF next LF

*Option counts 7 & 8, L MAMBO STEP,

7 LF rock forwards
& RF recover back on RF
8 LF step backwards

Section 3, (18 - 25)

R COASTER CROSS (with 1/8 turn R), L SCISSOR STEP, ½ RUMBA BOX R (fwd), ROCK, RECOVER, STEP (back) & DRAG (RF next LF);

2 RF step backwards
 & LF step\close next RF
 3 RF 1/8 turn right, cross step RF over LF (9)
 4 LF step to left side
 & RF step\close next LF
 5 LF cross step LF over RF
 6 RF step to right side
 & LF step\close next RF
 7 RF step forwards
 8 LF rock forwards
 & RF recover back on RF
 1 LF step backwards & drag RF next LF

Section 4, (26 - 32&)

ROCK (back), RECOVER, STEP (fwd), STEP (fwd), ½ PIVOT TURN R, ¼ TURN R (with SWAY), R SIDE ROCK (with SWAY), RECOVER (with SWAY), R SIDE STEP, CLOSE;

2 RF rock backwards
 & LF recover back on LF
 3 RF step forwards
 4 LF step forwards
 & RF+LF ½ turn right (3)
 5 LF ¼ turn right, left side step (6) and sway to left side
 6 RF rock\sway to right side
 7 LF recover back on LF & sway to left side
 8 RF step to right side
 & LF step\close next RF

 1 RF start again (step forwards)

Finish dance wall 8, on counts 8&1 of block 2;

8 LF ½ turn right, step backwards (07:30)
 & RF+LF 3/8 turn right, step forward (12)
 1 LF step forward

Last revision - 13th Dec 2013
