

We Were Us

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Ed Royko (USA) - December 2013
音乐: We Were Us (feat. Miranda Lambert) - Keith Urban



ROCK, RECOVER, CROSS (4X)

- 1&2 Rock to right on right foot, recover weight to left foot, cross right foot over left
- 3&4 Progressing forward, rock to left on left foot, recover weight to right foot, cross left foot over right
- 5&6 Progressing forward, rock to right on right foot, recover weight to left foot, cross right foot over left
- 7&8 Progressing forward, rock to left on left foot, recover weight to right foot, cross left foot over right

BACK CROSS BACK (2X)/SAILOR ¼ TURN, KICK BALL SWAY

- 1&2 Step back on right foot, cross left foot over right, step back on right foot
- 3&4 Step back on left foot, cross right foot over left, step back on left foot
- 5&6 Swing right foot in semi-circle until behind left foot while turning ¼ turn clockwise and step on right foot, step left foot in place, step right foot in place
- 7&8 Kick left foot forward, step on ball of left foot, switch weight to right foot while swaying to the right

SIDE SHUFFLE, ROCK, RECOVER/STEP CROSS (2X)

- 1&2 Step left foot to left side, step right foot next to left, step left foot to left side
- 3-4 Rock back on right foot, recover weight to left foot
- 5-6 Step right foot to right side, cross left foot over right
- 7-8 Step right foot to right side, cross left foot over right

STEP ½ TURN, SHUFFLE (2X)

- 1-2 Step forward on right foot, pivot ½ turn counterclockwise stepping onto left foot
- 3&4 Shuffle forward RLR
- 5-6 Step forward on left foot, pivot ½ turn clockwise stepping onto right foot
- 7&8 Shuffle forward LRL

REPEAT

Contact: prok9guy@gmail.com