

Ni Zhen Mei Li

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: CH Lim-Naidu - November 2013
音乐: Ni Zhen Mei Li (你真美丽) - Frances Yip (葉麗儀)



Sequence: A,Tag,B A,Tag, B A,Tag,B (A=secs 1-8) (B=secs 2-8)
Start after 56 counts.

Sec 1: TAP R HEEL 4 X, JAZZ BOX WITH ¼ R TURN

1 – 4 Tap R heel 4 times
5 – 8 Step R over L, recover on L, ¼ R turn R step R, step L tog R

Sec 2: Repeat section 1

Sec 3: (SIDE, TOG-TOUCH) 2x , ¼ L TURN SIDE, TOG-TOUCH, SIDE, TOG-TOUCH

1 – 4 R step R, L touch by R, L step L, R touch by L
5 – 8 ¼ L turn R step R, L touch by R, L step L, R touch by L

Sec 4: SAMBA, SAMBA, VINE L

1&2 R step fwd, L step diag L, recover on R
3&4 L step fwd, R step diag R, recover on L
5 – 8 Vine L: Step R over L, L step L, R step over L, L touch by R

Sec 5: SAMBA, SAMBA, VINE R

1&2 L step fwd, R step diag R, recover on L
3&4 R step fwd, L step diag L, recover on R
5 - 8 Vine R: Step L over R, R step R, L behind R, R touch by L

Sec 6: WALK IN A SEMI-CIRCLE CLOCKWISE, ROCKING CHAIR

1 – 4 Walk in a semi-circle R-L-R-L touch by R
5 – 8 Rocking chair: L step fwd, recover on R, L step back, recover on R

Sec 7: FWD, POINT FWD, BACK, POINT BACK, CROSS WALK R

1 – 4 L step fwd, R point fwd, R step back, L point back
5 – 8 Cross walk: L step over R, R step R, L step over R, R touch by L

Sec 8: CROSS WALK L, FWD, POINT FWD, BACK, TOGETHER

1 – 4 Cross walk: R step over L, L step L, R step over L, L touch by R
5 – 8 L step fwd, R point fwd, R step back, L step tog R

Tag:

1 – 2 Bump hips R-L

Cheers & God bless.

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