

Timbeer

拍数: 96 墙数: 4 级数: Phrased Intermediate
编舞者: Sandro "Aleks" Bencic (SWE) - November 2013
音乐: Timber (feat. Kesha) - Pitbull



Sequence: (A B C C A A B C C A A B B)

Part A - 32 counts

[1-8] TURN $\frac{1}{4}$ LEFT, $\frac{1}{2}$ RIGHT SHUFFLE, STEP TURN $\frac{3}{4}$, SIDE, BEHIND, SIDE.

- 1 Make a $\frac{1}{4}$ left on leftfoot.
- 2&3 Make a $\frac{1}{2}$ right and step right foot forw, left together, R.foot forw.
- 4-5 Step left forw. and make a $\frac{3}{4}$ right on right foot
- 6-8 Left out, right behind, left out.

[9-16] TURN $\frac{1}{4}$ RIGHT, $\frac{1}{2}$ LEFT SHUFFLE, STEP TURN $\frac{3}{4}$, SIDE BEHIND, SIDE

- 1 Make a $\frac{1}{4}$ right on R.foot.
- 2&3 Make a $\frac{1}{2}$ left and step L.Forw.R.together, L.Forward.
- 4-5 Step R.Forw. and make a $\frac{3}{4}$ turn left on left foot.
- 6-8 Step right foot out, left behind, R. foot out right

[17-24] STEP FWD, TAP, TAP, STEP BACK & KICK, SLOW COASTER CROSS, ROCK & CROSS

- 1 Step L. forward.
- 2&3 Tap right foot behind left twice, jump back on R.foot and kick L.foot forw. on 3.
- 4-6 Step L.F. back, step R.F.back, cross left over right foot.
- 7&8 Rock R.F. to right, recover on L.F. cross R.F. over L.F..

[25-32] BOUNCE-FULL TURN, ROCK STEP, BEHIND, SIDE, CROSS, STEP FWD

- 1-3 Bounce $\frac{1}{3}$ three times left. (weight on both feet)
- 4-5 Rock L.F. left, recover on R.F.
- 6&7 Step L.F. behind R.F., R.F. right, L.F. over right.
- 8 Step R.F. forw.

Part B - 32 counts

[1-8] ROCK, KICK, BEHIND, SIDE, CROSS, ROCK, KICK, BEHIND, SIDE, CROSS

- 1-2 Rock to left with L.F. recover on right and kick L.F. diagonally
- 3&4 Step L.F., behind R.F., step R.F. to right, cross L.F. over R.F.
- 5-6 Rock R.F. to right, recover on L.F., and kick R.F. diagonally
- 7&8 Step R.F. behind L.F., step L.F. to left, cross R.F. over L.F.

[9-16] KICK & POINT, HITCH, CROSS, POINT, TAP, TAP, STEP BACK, TOUCH

- 1&2 Kick L.F. forward, step on ball of L.F., Point R. Toe to right.
- &3-4 Hitch R.Knee, cross R.F. over L.F., point L. Toe to left.
- 5&6 Tap L. Toe diagonally left, tap on p L. toe closer diagonally, cross and step down on L.F.
- 7-8 Slid back on R.F., drag L.F. close L.F. to R.F., and touch.

[17-24] ROCK, KICK, BEHIND, SIDE, CROSS, ROCK, KICK, BEHIND, SIDE, CROSS

- 1 Rock to left with L.F. recover on right and kick L.F. diagonally
- 2&3 Step L.F., behind R.F., step R.F. to right, cross L.F. over R.F.
- 4-6 Rock R.F. to right, recover on L.F., and kick R.F. diagonally
- 7&8 Step R.F. behind L.F., step L.F. to left, cross R.F. over L.F.

[25-32] BRUSCH, OUT, OUT, APPLEJACKS, BRUSCH, OUT, OUT, HEEL BOUNCE

- 1&2 Banana brusch L.F., step down on L.F., step down on R.F..

- &3&4 Twist L.toe R. and R heel to left, back to centre, Twist R.toe and L.heel to right, centre
- 5&6 Banana brush L.F., step down on L.F., step down on R.F..
- 7-8 Bounce both heels twice.(ending weight on right.)

Part C - 32 counts

[1-8] TURN ¼ LEFT, TURN ½ LEFT, ½ SHUFFLE, STEP TURN ½, KICKBALL TOUCH

- 1-2 ¼ left and step on L.F., ½ left step back on R.F.
- 3&4 ¼ left on L.F., together with R.F., ¼ left on L.F..
- 5-6 Step R.F.forward and turn ½ left on L.F..
- 7&8 Kick R.F., forw., step on ball of R.F., forw. and touch L.Toe next to Right.

[9-16] STEP-TOUCH, STEP-TOUCH, STEP-TOUCH, TAP, CROSS, UNWIND FULL TURN, STEP, TOUCH

- &1&2 Jump back diagonally left on L.F., and touch R.next to L., jump back dia.R. on R.F. touch L.F.next to R.F.
- &3&4 Jump back dia.left on L.F. and touch R.next to L. tap R.toe to right, step out on R.F.
- 5-6 Cross L.F.over R.F. and unwind to right.(weight on right)
- 7-8 Big step to left and drag R.F towards L.F.with an touch.

[17-24] HEEL JACKS, OUT- OUT, IN-IN, OUT- OUT, IN-IN, HEEL JACKS

- &1&2 Jump back on R.F.and touch L.heel forw.step on L.F.and touch R.toe next to L.F.
- &3&4 Jump R.F.out R.jump L.F. out L.jump R.F.(backwards)jump in R.F.jump in L.F.
- &5&6 Repeat steps &3&4. (backwards)
- &7&8 Repeat steps &1&2.

]25-32[SHUFFLE FWD, SHUFFLE FWD, ROCK STEP, SAILOR-CROSS ½

- 1&2 Step R.F.forw.Step L.F. together, step R.F.forw.(diagonally right).
- 3&4 Step L.F.forw.step R.F. together, step L.F. forw.(diagonally left).
- 5-6 Rock R.F.to right, recover on L.F.
- 7&8 Sweep R.F.½ right and step down on R.F behind L.F.Step back together with L.F.cross R.F over L.F. The end. Enjoy

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