

Told You So

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Jannie Tofte Stoian (DK) - November 2013
音乐: Told You So - Christopher : (iTunes)



Restart: Restart on 2nd wall after 32 counts (facing 12:00). Skip the ball (step) and just walk fw L R

Intro: 4 counts (app. 2 sec. Into track) 4 counts (app. 2 sec. Into track)

[1-8] Ball walk walk, Step ½ R, Ball cross ¼ R, Point behind ¼ L

&1-2 Step R next to L, walk L, walk R 12:00
3-4 Step L fw, turn ½ R stepping onto R 06:00
&5 Step L next to R, turn ¼ R crossing R over L 09:00
6-7 Point L to L side, point L behind R (prep body slightly R) 09:00
8 Turn ¼ L stepping L fw 06:00

[9-16] Out out, ¼ R, ½ sweep R, Ball walk walk, Extended lock step

1-2 Step R out (turning body slightly R), step L out (turning body slightly L) 06:00
3-4 Turn ¼ R stepping R fw, sweep half turn R keeping weight on R 03:00
&5-6 Step L next to R, walk R, walk L 03:00
7&8&1 Step R fw, lock L behind R, step R fw, lock L behind R, rock R fw 03:00

[17-24] Recover, Back slide, Ball cross, Side rock, Sailor ¼ L

2 Recover back onto L 03:00
3-4 Step R a big step back, slide L towards R 03:00
&5 Step L next to R, cross R over L 03:00
6-7 Rock L to L side, recover onto R 03:00
8&1 Turn ¼ L crossing L behind R, step R a small step to R side, step L fw (prep body L) 12:00

[25-32] Full turn R, Coaster, Heel bounces ½ L

2-3 Turn ½ R stepping R fw, turn ½ R stepping L back 12:00
4&5 Step R back, step L next to R, step R fw 12:00
6-8 Lifting both heels off floor bounce ½ L ending with weight back on R 06:00

[33-40] Step back touch x3, Coaster, Step ¼ R cross

&1&2 Step L back, touch R fw bending R knee, step R back, touch L fw, bending L knee 06:00
&3 Step L back, touch R fw bending R knee 06:00
4&5 Step R back, step L next to R, step R fw 06:00
6-8 Step L fw, turn ¼ R stepping onto R, cross rock L over R 09:00

[41-48] Sweep back x3, Behind side cross, Side rock ¼ R, Collect

1-2 Recover onto R sweeping L from front to back, step L back sweeping R from front to back 09:00
3 Step R back sweeping L from front to back 09:00
4&5 Cross L behind R, step R to R side, cross L over R 09:00
6-8 Rock R to R side, recover onto L turning ¼ R, step R next to L 12:00

[49-56] Shoulder Rocks, Ball step ½ L, step ¼ L

1-2 Rock L fw while popping L shoulder up, recover back onto R while popping R shoulder up 12:00
3-4 Rock L fw while popping L shoulder up, recover back onto R while popping R shoulder up 12:00
&5-6 Step L next to R, step R fw, turn ½ L rolling hip CCW 06:00

7-8 Step R fw, turn $\frac{1}{4}$ L while rolling hips CCW 03:00

[57-64] Rock fw, $\frac{1}{2}$ R, Step $\frac{1}{2}$ R, $\frac{1}{4}$ R point, Hip bumps x3

1-2 Rock R fw, recover onto L 03:00

3 Turn $\frac{1}{2}$ R stepping R fw 09:00

4&5 Step L fw, turn $\frac{1}{2}$ R stepping onto R, turn $\frac{1}{4}$ R pointing L to L side 06:00

6-8 Step down on L bumping hips to L side, bump hips R, bump hips L 06:00

Ending: On wall 7 – dance up to count 59. Do a step $\frac{1}{4}$ R and step L out (counts 4&5)

Good luck & enjoy!

Contact: jannietofte@gmail.com
