

That's What I'm Doing These Days

COPPER KNOB
STEPSHEETS

拍数: 56 墙数: 2 级数: Intermediate NC2S style
编舞者: Peter Davenport (ES) - November 2013
音乐: These Days - Rascal Flatts : (4:17)



16 Count Intro, Start just before he sings "Hey Baby", Approx 12 Seconds

Step, Mambo Step, Sweep Behind Side Cross, Rock & Cross, Side Behind Side

1 Step forward on R [12]
2&3 L Mambo step (start to sweep R) [12]
4&5 Sweep R behind L, Step L to L, Cross R over L [12]
6&7 Rock L out to L, Recover on R, Cross L over R [12]
8&1 Step R to R, Cross L behind R, Step R to R (rock R to R) [12]

Sway RL, Sailor ¼ R, Step L, Modified Coaster Step,

2,3 Sway hips L,R [12]
4&5 Sailor ¼ L [9]
6 Step forward on R [9]
7&8&1 Rock forward on L, Recover on R, Step back on L, Bring R to L, [9] Step forward on L (weight on L)

Pivot ½, Sweep Behind Side Cross, Side Rock Cross, Side Together Forward

2,3 Step on R, Pivot ½ L, (weight on R) [3]
4&5 Sweep L behind R, Step R to R, Cross L over R [3]
6&7 Rock R out to R, Recover on L, Cross R over L [3]
8&1 Step L to L, Bring R to L, Step L forward [3]

Rock Replace, Sailor ¾ R Cross, Side Together Forward, Touch

2,3 Rock forward on R, Recover on L [3]
4&5 Sailor ¾ R, (cross R over L) [12]
6&7 Step L to L, Bring R to L, Step L forward [12]
8 Touch R to L [12]

Walk Back RLR, Sailor ¾ L Step, Rock & Cross, Rock & Cross

1,2,3 Walk back R,L,R (stroll) [12]
4&5 L Sailor ¾ cross [3]
6&7 R rock & cross [3]
8&1 L rock & cross [3]

¼ Step R ¼ Step R, Modified Lock Step, Rock & Side

2,3 ¼ L step back R, ¼ L step L to L [9]

***W5/C/R**

4&5& Step forward on R 4, Lock L behind R, Step on R 5, Step L to L & [9]
6&7 Lock R behind L 6, Step on L &, Step R to R 7,
(make step look like a wizard step moving R diagonal to L diagonal) [9]
8&1 Cross L over R, Recover on R, Step L to L [9]

Behind ¼ Step, Step ½ Step, Forward Mambo Step, Step Back Hook

2&3 Cross R behind L, ¼ L step on L, step on R [6]
4&5 Step forward on L, Pivot ½ R, Step on L [12]
6&7 Rock forward on R, Recover on L, Step back on R [12]
&8& Step back on L, Step back on R, Hinge ½ L step on L [6]

***Tag End Of Wall 4**

At the end of wall 4, the music holds you for 2 counts, slow walk RL restart the dance

***Change of Step & Restart Wall 5**

Dance up to and including 2, on section 6, change count 3 step forward L & HOLD 2 counts to catch the music for the restart the dance from count 1. (Tricky ! just listen & you will hear)

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