

Fire We Make

COPPER KNOB
BY STEPHEN BRETZ

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Paul McAdam (UK) - November 2013
音乐: Fire We Make - Alicia Keys & Maxwell : (Album: Girl on Fire)



Intro: Approximately 36 seconds into track

[1-8] 1/2 TURNS, BEHIND 1/4 TOUCH, 3/4 TURN, BACK ROCK, FORWARD

- 1,2 Make a 1/2 turn left and step forward on left foot, make a 1/2 turn left and step back on right
3&4 Step back on left foot, make a 1/4 turn right and step right foot to right side, touch left toe out to left side
5&6 Make a 1/4 turn left and step forward on right, make a 1/2 turn left and step back on right foot, step back on left
7&8& Step back on right, rock back on left, recover weight on right, step forward on left

[9-16] 1 & 1/4 TURN, TAP STEPS, ROCKING CHAIR TURNING, HITCH, 1/2 TURN

- 1&2 Pivot 1/2 turn right, make a 1/2 turn right and step back on left foot, make a 1/4 turn right and step right foot to right side
3&4& Tap left toe next to right, step left to left side, tap right toe next to left, make a 1/4 turn right and step forward on right
5&6 Rock forward on left foot, recover weight on right, rock back on left foot
7&8& Make a 1/4 turn right on right foot whilst hitching left knee, step forward on left foot, step forward on right foot, pivot 1/2 turn left

[17-24] WALKS, OUT OUT & CROSS, 3/4 TURNS,

- 1,2 Walk forward on right, walk forward on left
&3&4 Step right foot to right side, step left foot to left side, step right foot slightly back, cross left foot over right
5&6 Make a 1/2 turn right and step forward on right, step left next to right, make a 1/4 turn right and step forward on right
7&8& Make a 1/4 turn right and step back on left, sweep right foot back and round into a 1/2 turn right, step down on right foot, rock forward on left, recover weight on right

[25-32] BACK LOCK, 3/4 TURN ROCK, SYNCOPATED JAZZ BOX, SWEEP, ROCK STEP

- 1,2 Step back on left, lock right foot over left,
3&4 Make a 1/2 turn left and step forward on left foot, make a 1/4 turn left and rock right foot to right side, recover weight on left
5&6& Cross right foot over left, step back on left, step right foot to right side, cross left over right
7&8& Sweep right foot forward, step down on right foot, rock forward on left foot, recover weight on right

START AGAIN AND ENJOY!