

Come On And Dance

COPPER KNOB
BY STEPHEN LEE

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Juliet Lam (USA) - November 2013
音乐: Let's Dance - Miley Cyrus : (Album: Hannah Montana 2 – Meet Miley Cyrus)



Intro: 32 counts from the heavy beat - Approx 39 seconds into track.

Sec 1: Walk, Walk, English Cross, Forward Rock, Recover, Back Lock Step

1 – 2 Walk forward right, left
& 3-4 Turn ¼ left & step right to right, cross left over right, turn ¼ right, step right forward (12:00)
5 – 6 Rock forward on left, recover on right
7 & 8 Step back on left, cross right over left, step back on left

Sec 2: Coaster Step, Step, Pivot 1/4 Right, Cross Shuffle, Hinge 1/2 Turn Left

1 & 2 Step back on right, step left next to right, step right forward
3 – 4 Step forward on left, make pivot 1/4 right (3:00)
5 & 6 Cross left over right, step right to right side, cross left over right
7 - 8 Turn ¼ left, stepping back on right, turn 1/4 left, stepping left to left side (9:00)

Sec 3: Kick Ball Point, Drag, Hitch, Step, Cross Rock, Recover, Side, Cross Rock, Recover, 1/4 Right

1 & 2 Kick right forward, step right ball next to left, point left to left side, bend right knee slightly
3 - 4 Drag left towards right, hitch left across right (weight on right)
5 & 6 Cross rock left over right, recover on right, step left to left side
7 & 8 Cross rock right over left, recover on left, make ¼ right, stepping forward on right (12:00)

Sec 4: Step, Spiral Full Turn Right, Forward Lock Step, Forward Rock, Recover, 1/2 Left Sailor

1 - 2 Step left forward, spiral full turn right, hook right over left (weight on left) (12:00)
(Easy option: Count 1-2, Step Left forward, hook right over left, without turning)
3 & 4 Step right forward, lock left behind right, step right forward
5 - 6 Rock forward on left, recover on right
7 & 8 Sweep left behind right, make ½ turn left, step, right next to left, step left forward (6:00)

TAG (4 count) - End of Wall 2 facing 12:00, dance the following:

1 - 4 Cross right over left, unwind full turn left (weight on left)

Repeat & Enjoy!

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