

Senora

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Ng Jane (SG) - November 2013
音乐: Senora by Roberto Tomasi



Intro: 40 counts

Sequence: 64 32 64 32 32 64 32 64 32 32

[1-8] R Side together X3 Side Step R, L Full Turn Side Chasse

1&2&3&4 Side step R, L close X3, side step R
5 6 7&8 L $\frac{1}{4}$ $\frac{1}{2}$ $\frac{1}{4}$ (full) turn L, L side together side

[9-16] R Cross Rock Side Chasse, L Cross Rock Side Cha Cha $\frac{1}{4}$ Turn L

1 2 3&4 R cross rock recover L, R side together side
5 6 7&8 L cross rock recover R, L side together side $\frac{1}{4}$ L

[17-24] R Pivot $\frac{1}{4}$ Turn (hip roll) X2, R Jazz Box cross

1-8 Step R fwd, hip roll $\frac{1}{4}$, recover L X2, R cross L step back, side R, L cross

[25-32] R & L Side Rock On Sport Cha Cha

1 2 3&4 R side rock recover L, on sport R tripe step
5 6 7&8 L side rock recover R, on sport L tripe step

[33-40] R Cross L Cross, R Back Lock Step, L Back Rock $\frac{1}{2}$ Turn R, do L Cha Cha

1 2 3&4 R cross over L, L cross over R, R back lock step
5 6 7&8 L back rock recover R $\frac{1}{2}$ turn R, L cha cha back

[41-48] R Cha Cha Basic, L Pivot $\frac{1}{2}$ Turn R, fwd L Cha Cha

1 2 3&4 R back rock, recover L, fwd R cha cha
5 6 7&8 Step L fwd pivot $\frac{1}{2}$ turn R, fwd L cha cha

[49-56] $\frac{1}{4}$ R, R Back Rock $\frac{1}{2}$ Turn, L Back Rock Fwd Cha Cha

1 2 3&4 $\frac{1}{4}$ turn R, R back rock $\frac{1}{2}$ L, R cha cha back
5 6 7&8 L back rock recover R, fwd L cha cha

[57-64] R Pivot $\frac{3}{4}$ turn L, R Side Chasse, L Back Rock Side Chasse

1 2 3&4 Step R fwd pivot $\frac{3}{4}$ L turn, R side together side
5 6 7&8 L back rock recover R, L side together side

Ending: Dance last 32, R side rock recover L, cross R over L unwind $\frac{1}{2}$ turn, face front wall, open arms pose.

Contact: janeng182@yahoo.com