

All Cried Out

COPPER KNOB
BY STEPHEN B. HARRISON

拍数: 40 墙数: 2 级数: Intermediate NC
编舞者: Charlotte Atinsky (USA) & Jo Huntington (USA) - November 2013
音乐: All Cried Out - Kree Harrison : (iTunes)



Note: There is one restart at 12:00 following a step change on Wall 3 after count 28(3:00).

The step change occurs after the shuffle.

Do a L ball forward (&), and turn ¼ L to restart the dance on R. This wall now becomes Wall 4

Intro: 12 counts, start on vocals

Section 1: Basic R, L back ¼, sweep/Sailor ½ R, step L/hitch R, coaster back R, rock L, step ¼ R [1-9]

1,2&3 Step R long step to R side(1), Rock back slightly on L(2), Recover on R(&), Step L back ¼ R(3)(3:00), Sweep R
4&5 ½ R stepping R behind (4), Step L next to R(&), Step R slightly forward(5)(9:00), Step L forward while hitching
6,7&8&1 R forward(6), Step R back(7), Step L next to R(&), Step R forward (8), Rock L to L (&), Step R ¼ R(1)(12:00)

Section 2: Weave L, R, L R, L to R diagonal, press R, back lock L, R, L, step 3/8 R, L ball, step forward R[10-17]

2&3& Step L across R(2), Step R to R side(&), Step L behind R(3), Step R to R side(&), Step L across R to R
4,5,6&7 diagonal(4)(1:30), Press R to R diagonal(5), Recover L back on R diagonal(6), Lock R over L((&), Step L back(7),
8&1 Step R 3/8 to R (8), Step on ball of L (&), Step R forward(1)(6:00)
8&1 Optional Turn for counts 8 & 1 in Section 2: Instead of the 3/8 turn, ball step, do a step 3/8 R on R (8), step ½ R on L (&), ½ R on R (1)(triple turn)(6:00)

Section 3: Walk L, step ½ pivot L x 2, walk R, L, cross rock R, recover L, R scissor step [18-25]

2,3&4&5 Walk L forward(2), Step R forward(3), Pivot ½ L(&), Step R forward(4), Pivot ½ L(&), Walk R forward(5), Walk
6,7&8&1 L forward(6), Rock R across L(7), Recover L(&), Step R to R side(8), step L next to R(&), Cross R over L(1)(6:00)

Section 4: Step L back 1/4, spiral ½ on L to R, shuffle R, L, R, step L back, sweep R, step R back sweep L, back rocking chair [26-32&]

2, 3,&4 Step L back R ¼ (2), Spiral ½ R on L(2)(3:00), Step R(3), Step L(&), Step R(4), Step back on L while sweeping R
5,6,7&8 back(5), Step R while sweeping L back(6), Step L back(7), Recover R(&), Rock L forward(8), Recover
& R (&) (3:00)

Section 5: ¼ L, L basic, ¼ R with R, step L, pivot ½ R, step L ½, ½, ¼, long step L to L side, touch R beside L[33-40&]

1,2&3,4 Step L ¼ L(1)(12:00), Rock R slightly behind L(2), Recover L(&), Step forward ¼ R(3)(3:00), Step forward L(4), Pivot ½ R
&5,6 &7 wt on R(&) (9:00), Step L forward (5), Step ½ L on R(6)(3:00) Step ½ L on L(&)(9:00), Step ¼ L on R(7)(6:00)
8& Long Step L to L (8), Touch R beside L(&)

***6&7 Easy Option:** Instead of the 2 turns in Section 5, do a run R (6), run L (&), and continue with the step ¼ L on R (7)(6:00)

Ending: At the end of the 5th wall (12:00), take a long step R to R, while dragging L slowly to R (during the

extended guitar strum)

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