

Man Of My Dreams

COPPER KNOB
STEPSHEETS

拍数: 64
编舞者: Kurt Fluger (DE) - November 2013
音乐: Everything - Lutricia McNeal

墙数: 4

级数: Phrased Intermediate / Advanced



A1: Cross, $\frac{3}{4}$ L Unwind, Back Rock-Step, 2x Swivel $\frac{1}{2}$ Turn, Coaster Step

1, 2 Cross R in front of L, $\frac{3}{4}$ Turn left (Weight is on R-Fuß) (3:00)
3&4 Step back with L, Weight back on R, Step forward with L
5, 6 Both heels $\frac{1}{2}$ turn left (9:00), both heels $\frac{1}{2}$ turn right (Weight is on R, 3:00)
7&8 Step back with L, R beside L, Step forward with L

A2: Full Turn L, Shuffle Fwd, Fwd Step, $\frac{1}{4}$ Turn R, Cross Shuffle

1, 2 $\frac{1}{2}$ Turn left stepping back on R, $\frac{1}{2}$ Turn left stepping forward on L
3&4 Step forward with R, L beside R, Step forward with R
5, 6 Step forward with L, $\frac{1}{4}$ Turn right (Weight is on R, 6:00)
7&8 Cross L in front of R, Step R to right side, Cross L in front of R

A3: Side, Drag with Touch, Side Chasse with $\frac{1}{4}$ Turn L, Step, $\frac{1}{2}$ Turn L, Coaster Step

1, 2 Long Step with R to right side, L is moving towards R and touch L-toe next to R at the end
3&4 Step L to left side, R beside L, $\frac{1}{4}$ Turn left and stepping forward on L (3:00)
5, 6 Step forward with R, $\frac{1}{2}$ Turn left (Weight is on R!!!, 9:00)
7&8 Step back on L, R beside L, Step forward on L

A4: Full Turn L, Shuffle Fwd, Fwd Step, $\frac{1}{2}$ Turn R, Fwd Shuffle

1, 2 $\frac{1}{2}$ Turn left stepping back on R, $\frac{1}{2}$ Turn left stepping forward on L (3:00)
3&4 Step forward on R, L beside R, Step forward on R
5, 6 Step forward on L, $\frac{1}{2}$ Turn right (Weight is on R-Fuß, 9:00)
7&8 Step forward on L, R beside L, Step forward on L

B1: Step, Full Spiral Turn L, Walk Around 4 Steps with $\frac{3}{4}$ Turn L, Side Mambo

1, 2 Step forward on R, full Turn left on R-ball while L-leg is crossed in front of R-sheen
3 – 6 Walk around with 4 Steps doing a $\frac{3}{4}$ Turn L circle (L-R-L-R, 6:00)
7&8 Step L to left side while moving L-Arm up to left side, Weight back on R-Fuß, L beside R while putting L-hand on your L-hip

B2: Side, Close, Side Chasse, Press Rock, $\frac{1}{4}$ Turn L Sailor Step

1, 2 Step with R to right side, L beside R
3&4 Step with R to right side, L beside R, Step with R to right side
5, 6 Step forward with L (bending knee to put all weight on it) while L-arm goes up towards front, Weight back on R and lower L-arm again
7&8 Cross L behind R, $\frac{1}{4}$ Turn left stepping R small step to right side, Smal Step forward with L (3:00)

B3: Step, $\frac{1}{2}$ Turn L, $\frac{1}{2}$ Turn L- $\frac{1}{2}$ Turn L-Fwd Step, Fwd Rock Step, Coaster Step

1, 2 Step forward on R, $\frac{1}{2}$ Turn left (Weight is on L, 9:00)
3&4 $\frac{1}{2}$ Turn left stepping back on R, $\frac{1}{2}$ Turn left stepping forward on L, Step forward on R
5, 6 Step forward on L, Weight back on R
7&8 Step backwards with L, R beside L, Step forward on L

B4: Side, Close, Side Chasse with $\frac{1}{4}$ Turn R, Step- $\frac{1}{2}$ Turn R-Step, Walk 2

1, 2 Step with R to right side, L beside R
3&4 Step with R to right side, L beside R, $\frac{1}{4}$ Turn right stepping forward with R (12:00)
5&6 Step forward with L, $\frac{1}{2}$ Turn right (Weight is on R), Step forward with L (6:00)

7, 8 Step forward with R, Step forward with L

Tag: Walk Around Full Turn R, Hold 4 Counts

1 – 4 Walk around full turn right with 4 steps (R-L-R-L)

5 – 8 Hold for 4 Counts

Phrasing: AB, A, AB, AA, Tag, AAA ending up with Side, Drag as end of dance

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