

Sticky Sweet (P)

COPPER KNOB
BY STEPHEN

拍数: 40 墙数: 0 级数: Intermediate Partner
编舞者: Greg Van Zilen (USA) & Samantha Van Zilen (USA) - October 2010
音乐: Stuck Like Glue - Sugarland



Step description by Outta Line Country Dance Instruction

Starting position: Side by Side - Footwork: Same unless noted

{Basic mambo forward left, back right, (man repeats)} {Lady full turn clockwise, mambo back right}

1&2 Step left foot forward, replace weight onto right foot, step left foot next to right.

3&4 Step right foot back, replace weight onto left foot, step right foot next to left.

5&6 Man: Step left foot forward, replace weight onto right foot, step left foot next to right.

Lady: Step left foot forward, pivot ½ turn right, ½ turn right on right foot stepping left foot next to right.

7&8 Step right foot back, replace weight onto left foot, step right foot next to left.

Hands: On count 5 raise left hands. On count "&" bring left arms over ladies head and start lowering both arms toward waist level. Continue bringing arms through finishing with right hands in front of ladies waist and left hands in front of man's.

4 shuffles forward L, R ,L ,R – Man cuts in front, Lady passes behind left, Lady full turn clockwise passing in front, both forward

9&10 Step left foot forward, step right foot next to left, step left foot forward.

11&12 Step right foot forward, step left foot next to right, step right foot forward.

13&14 Man: Step left foot forward, step right foot next to left, step left foot forward.

13&14 Lady: ½ turn right stepping left foot back and slightly to side, ½ turn right stepping right foot forward, step left foot forward.

15&16 Step right foot forward, step left foot next to right, step right foot forward.

Hands and travel:

1st shuffle man raises left and holds lady back with right cutting in front of lady.

2nd shuffle release right hands and lower left to ladies waist. Man is travelling slightly right and lady left as she passes behind and catches up on left side.

3rd shuffle man pulls on ladies hand leading her forward and across to his right.

4th shuffle man catches up to lady returning to side by side position.

Step left, ½ turn right, shuffle forward left, step right, ½ turn left, shuffle forward right

17,18 Step left foot forward; pivot ½ turn right, transferring weight to right foot.

19&20 Step left foot forward, step right foot next to left, step left foot forward.

21,22 Step right foot forward; pivot ½ turn left, transferring weight to left foot.

23&24 Step right foot forward, step left foot next to right, step right foot forward.

Maintain handhold.

Progressing LOD two half turns clockwise L-R, shuffle left, two half turns counter-clockwise R-L, shuffle right

25,26 ½ turn right stepping left foot back; ½ turn right stepping right foot forward.

27&28 Step left foot forward, step right foot next to left, step left foot forward.

29,30 ½ turn left stepping right foot back; ½ turn left stepping left foot forward.

31&32 Step right foot forward, step left foot next to right, step right foot forward.

Hands: On count 25 release left and raise right hands. During counts 27&28 pick up left hands. On count 29 raise left and release right hands. During counts 31&32 return to side by side.

Left side-rock-step forward, right side-rock-step forward, point left side, step forward R, point right side, step forward L

33&34 Step left foot to side, replace weight onto right foot, step left foot forward.

35&36 Step right foot to side, replace weight onto left foot, step right foot forward.

37,38 Point left toe to side; step left foot forward.

39,40 Point right toe to side; step right foot forward.

Contact: Greg & Samantha Van Zilen (860) 537-5849 outtalinedj@aol.com
