

Sugar Shaker

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Greg Van Zilen (USA) - February 2013
音乐: Get Your Shine On - Florida Georgia Line



Step description by Outta Line Country Dance Instruction

Right heel, hook, heel, toe, step, turn ½ left, right kick-out-out

1,2 Touch right heel forward; hook right foot in front of left shin.
3,4 Touch right heel forward; touch right toe back
5,6 Step right foot forward; turn ½ left transferring weight to left foot.
7&8 Kick right foot forward; step right foot slightly to side; step left foot slightly to side.

Right hip bumps, left hip bumps, cross right behind, left side, cross right over, touch left side, cross over

9&10 Bump hips right; left; right.
11&12 Bump hips left; right; left.
13&14 Cross right foot behind left; step left foot to side; cross right foot in front of left.
15,16 Touch left toe to side; cross touch left foot over right.

Swivel ½ turn right bumping hips, ¼ turn right sailor, left sailor, cross right behind left, unwind ½ turn right

17&18 On balls of both feet make ½ turn right while swiveling left; right; left and bumping hips L,R,L.
19&20 Cross right foot behind left while making ¼ turn right; step left to side; step right foot slightly to side.
21&22 Cross left foot behind right; step right foot to side; step left foot slightly to side.
23,24 Cross right foot behind left; unwind ½ turn right ending with weight on right foot.

Cross left, touch right, cross right touch left, left forward rock-replace, ½ turn left shuffle

25,26 Cross left foot in front of right; touch right toe to side.
27,28 Cross right foot in front of left; touch left toe to side.
29,30 Step left foot forward; replace weight onto right foot.
31&32 ½ turn left stepping left foot forward; step right foot next to left; step left foot forward.

Contact: Greg & Samantha Van Zilen (860) 537-5849 outtalinedj@aol.com