

Back To Basics

拍数: 32 墙数: 4 级数: Beginner
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音乐: Hey, Soul Sister - Train



Step description by Outta Line Country Dance Instruction

Charleston, Right shuffle forward, Left shuffle forward

1,2 Touch right toe forward; step right foot back.
3,4 Touch left toe back; step left foot forward.
5&6 Step right foot forward, step left foot next to right, step right foot forward.
7&8 Step left foot forward, step right foot next to left, step left foot forward.

Step right, ¼ turn left, Step right, ¼ turn left, Right shuffle forward, Left shuffle forward

9,10 Step right foot forward; ¼ turn left, transferring weight to left foot.
11,12 Step right foot forward; ¼ turn left, transferring weight to left foot.
13&14 Step right foot forward, step left foot next to right, step right foot forward.
15&16 Step left foot forward, step right foot next to left, step left foot forward.

Box with ¼ turn right, Right shuffle forward, Left shuffle forward

17,18 Cross right foot over left; step left foot back.
19,20 Step ¼ turn right stepping right foot forward; step left foot forward.
21&22 Step right foot forward, step left foot next to right, step right foot forward.
23&24 Step left foot forward, step right foot next to left, step left foot forward.

Right side rock with ¼ turn left, Right side rock with ¼ turn left, Right shuffle forward, Left shuffle forward

25,26 Step right foot to side; ¼ turn left replacing weight onto left foot.
27,28 Step right foot to side; ¼ turn left replacing weight onto left foot.
29&30 Step right foot forward, step left foot next to right, step right foot forward.
31&32 Step left foot forward, step right foot next to left, step left foot forward.

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