

Catfish

拍数: 48 墙数: 2 级数: Improver
编舞者: Laurie Schlekeway-Burkhardt (USA) - November 2013
音乐: That's My Kind of Night - Luke Bryan



No Restarts Or Tags

[1-8] – Cross steps

- 1-4 Cross right foot over left (1), step touch left foot out to the right (2); step left foot behind right (3), touch right toe out to the right (4)
- 5-8 Step right foot behind left (5), touch left heel in front (6); step left foot in place (7), touch right toe next to left foot – do not put weight on it (8)

[9-16] – Step touch forward, ½ turn step touch forward

- 1-4 Step right foot forward (1), tap left toe behind right foot (2); step back on the left foot and start making a quarter turn to the right (3), step forward on the right making another quarter turn so you are facing the back wall (4)
- 5-8 Step left foot forward (5), tap right toe behind left foot (6); step right back (7), step left foot back shoulder-width apart (8)

[17-24] – Out and cross, Out and cross, forward shuffle, back shuffle

- 1-4 Step right foot out to right side and slightly in front (1), step left in place (&), step right foot across left (2); Step left foot out to left side and slightly in front (3), step right in place (&), step left foot across right (4)
- 5-8 shuffle right foot forward at a slight diagonal (1 o'clock) - right (5), left (&), right (6); shuffle left foot back at the opposite diagonal (7 o'clock) - left (7), right (&), left (8)

[25-32] – Monterey turn to right, slide step and cross

- 1-4 Keeping weight on the left foot, touch right toe out to right side (1), bring back to center and make a half turn to the right (2), now facing front wall, put weight on right foot and touch left toe out to left side (3), bring back to center (4)
- 5-8 take a wide step to the right (5), and drag left foot next to right (6), step left next to right (&), cross right over left (&), step left in place next to right (8)

[33-40] – Heel jacks, hip bumps, heel jacks

- 1-4 Tap right heel out in front (1), step right foot in place (&), tap left heel out in front (2), step left foot back in place (&), step right foot out in front (3), pause (4)
- 5-8& Grind right hip forward, back, forward, back (5&6&), kick right heel out in front (7), step right foot back in place (&), tap left heel in front (8), step left foot back in place (&)

[41-48] – Rock step, half turn, rock step

- 1-4 Rock right foot forward (1), step back on left (2), making a 1/4 turn to the right do a triple in place right (3), left (&), right (4)
- 5-8 Rock left foot forward (5), step back on right (6), coaster step making a ¾ turn to the left – step left slightly back (7), step right in place (&), step left foot slightly forward (8) should be facing the back wall

Repeat

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