

Run Baby Run

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: Luke Shrimpton (UK) - November 2013
音乐: Runaway Baby - Bruno Mars



Start Dance On Lyrics

[1-8] Knee Roll Right and Left

1-4 Touch ball of right foot forward pop knee in, out, in, step weight onto right foot
4-8 Touch ball of left foot forward pop knee in, out, in, step weight onto left foot

[9-16] Toe Struts, Right Rock, Recover ½ Turn Step

9-12 Put right toe forward, step down right, step left toe forward, step down left.
13-16 Rock forward onto right, recover onto left, ½ turn right stepping forward right, step forward left.

(Re-start here on wall 10)

[17-24] Kickball Step x2 ¼ Turn Jazzbox Cross

17 & 18 Kick right to right diagonal, step right together, step forward left.
19 & 20 Kick right to right diagonal, step right together, step forward left.
21-24 Cross Right over left, step back left making a ¼ turn right, step right to right side, cross left over right.

[25-32] Step Together Cross Side behind Rock Recover Step

25-28 Step right foot to right side, step left to right foot, cross right over left, step left foot to left side.
28-32 Step Right foot behind left foot, rock left foot back on left diagonal (7 o'clock), Recover weight on right foot, cross left foot over right.

Start Again

Tags: Danced at end of wall 4&8. Finish the dance then repeat step 24-32

Step Together Cross Side behind Rock Recover Step

1-4 Step right foot to right side, step left to right foot, cross right over left, step left foot to left side.
5-8 Step Right foot behind left foot, rock left foot back on left diagonal (7 o'clock), Recover weight on right foot, cross left foot over right.

Re-start Dance after 16 counts on wall 10

Enjoy

Contact: luke.shrimpton@hotmail.co.uk

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