

Nightshift

COPPER **NOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ann-Kristin Sandberg (NOR) - November 2013
音乐: Nightshift - Dr. Victor & The Rasta Rebels : (iTunes)



Start dancing on vocals

TWINKLE STEPS-ROCK-RECOVER-1/2 TURN-SHUFFLE

1&2 Cross right foot in front of left, Step left foot to left side, Step right foot forw
3&4 Cross left foot in front of right, Step right foot to right side, Step left foot forw
5-6 Step right foot forw, Recover onto left foot
7&8 ½ turn right stepping right foot forw(06.00), Step left next to right, Step right forw

SIDE-RECOVER-CHASSE-MAMBO STEPS

1-2 Step left foot to left side, Recover onto right
3&4 Step left foot to left side, Step right nex to left, Ste left to left side
5&6 Step right foot forw, Recover onto left, Step right next to left
7&8 Step left foot back, Recover onto right, Step left next to right

STEP-1/4 TURN-CROSS SHUFFLE-SIDE-WEAVE

1-2 Step right foot forw, ¼ turn left stepping left to left side(facing 03.00)
3&4 Cross right in front of left, Step left to left side, Cross right in front of left
5-6 Step left foot to left side, Recover onto right foot
7&8 Cross left behind right, Step right to right side, Cross left in front of right

SIDE-RECOVER-SHUFFLE-STEP-1/2 TURN-SHUFFLE

1-2 Step right to right side, Recover onto left
3&4 Step right forw, Step left next to right, Step right forw
5-6 Step left foot forw, ½ turn right stepping right foot forw(09.00)
7&8 Step left foot forw, Step right next to left, Step left foot forw

RESTART : On wall 6 : Dance first 16 counts then restart facing 03.00

Enjoy & Have fun!!

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