

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: DJ Dan (NL) & Winnie (NL) - October 2013  
音乐: Mfc (Mama's Fried Chicken) - Billy Yates : (CD: Just Be You.)



Intro - 38 counts.

**[1-8] JAZZ BOX CROSS, CHASSE, BACK ROCK**

1-4                      Cross Right over Left. Step Left back. Step Right to right side. Cross Left over Right.  
5&6                     Step Right to right side. Step Left next to Right. Step Right to right side.  
7-8                     Rock Left back. Recover onto Right.

**[9-16] SIDE. TOUCH, HEEL-BALL-STEP, ROCK STEP, SHUFFLE 1/2 TURN**

1-2                     Step Left to left side. Touch Right next to Left.  
3&4                     Touch Right heel forward. Step on ball of Right next to Left. Step Left forward.  
5-6                     Rock Right forward. Recover onto Left.  
7&8                     Shuffel 1/2 turn right stepping Right, Left, Right [6]

**[17-24] SIDE, BEHIND, 1/4 TURN SHUFFLE FWD, STEP, 1/2 PIVOT TURN, WALK, WALK**

1-2                     Step Left to left side. Step Right behind Left.  
3&4                     Make 1/4 turn left shuffle forward stepping Left, Right, Left. [3]  
5-6                     Step Right forward. Pivot 1/2 turn left. [9]  
7-8                     Step Right forward. Step Left forward.

**[25-32] STEP, 1/8 PIVOT TURN LEFT, 4X (Completing 1/2 turn left)**

1-2                     Step Right forward. Pivot 1/8 turn left.  
3-4                     Step Right forward. Pivot 1/8 turn left.  
5-6                     Step Right forward. Pivot 1/8 turn left.  
7-8                     Step Right forward. Pivot 1/8 turn left. [3]

Option, move your hips.

Tag: 6 counts after wall 3 [9].

**STEP FWD, HEEL FWD, STEP BACK, TOE BACK, WALK, WALK**

1-2                     Step Right forward. Touch Left heel forward (clap).  
3-4                     Step Left back. Touch Left toe back (clap)  
5-6                     Step Right forward. Step Left forward.

Restart dance from the beginning.

Tag: 8 counts after wall 5 [3] & 6 [6].

**STEP FWD, HEEL FWD, STEP BACK, TOE BACK, X2**

1-2                     Step Right forward. Touch Left heel forward (clap).  
3-4                     Step Left back. Touch Left toe back (clap)  
5-6                     Step Right forward. Touch Left heel forward (clap).  
7-8                     Step Left back. Touch Left toe back (clap)

Restart dance from the beginning.

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