

Sleepwalker

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: K. Sholes (USA) - November 2013
音乐: Sleepwalker - Adam Lambert



Step-lock-step, Rock recover turn 1/4 L, Cross Cha-Cha, Mambo cross

1&2 3&4 Step R forward, Slide L behind R, Step R forward. Rock forward L, Recover R, Step L 1/4 turn to left.
5&6 7&8 Cross R over L, Step L to side, Cross R over L. Rock L to side, Recover R, Cross L over R. (9:00)

Rock, Recover, Turn 1/4 R, Cross behind, Step 1/4 turn R, Step forward L, Mambo forward-back

1&2 3&4 Rock forward R, Recover L, Step R 1/4 turn right. (12:00) Step L behind R, Turn 1/4 right with R, Step forward L. (3:00)
5&6 7&8 Rock forward R, Recover L, Step R next to L. Rock back L, Recover R, Step L next to R.

Side Cha-Cha-Chas, Pushes back & side

1&2 3&4& Step R to side, Step L next to R, Step R to R. Push L back, Recover R, Push L to side, Recover R.
5&6 7&8& Repeat above steps with L Cha-Cha...

Back struts, Back coaster, Forward shuffle

1&2&3&4& Step R toe back, Step down R heel, Step back L toe, Step down L heel. Repeat.
5&6 7&8 Step back R, Step back L, Step forward R. Step forward L, Step R together, Step forward L.

BEGIN AGAIN! ENJOY!

Restart on Wall #9 after 24 counts (12:00)

Contact: karensholes@hotmail.com
