

# Just Turning Loose

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Easy Novice  
编舞者: Sebastiaan Holtland (NL) - November 2013  
音乐: Turn It Over - The Overtones : (CD: Everyday 2009 - iTunes)



Start dancing on the word `Sometimes` (16 Sec)

**Sec I: [1-8] Side, Heel & Toe Swivel, 1/4 L, Side, Heel & Toe Swivel, Side Heel & Toe Swivel, 1/4 L, Side, Heel & Toe Swivel.**

1&2            Step Lt to the left, swivel Rt heel left, swivel toe left weight onto Lt.  
3&4            Turn ¼ left (9) step Rt to the right, swivel Lt heel right, swivel toe right weight onto Rt.  
5&6            Step Lt to the left, swivel Rt heel left, swivel toe left weight onto Lt.  
7&8            Turn ¼ left (6) step Rt to the right, swivel Lt heel right, swivel toe right weight onto Rt.

**Sec II: [9-16] Side Rock, Recover, Together, Side Rock, Recover, Behind, ¼ L, Step, Back, 1/2 Triple Turn L.**

1&2            Rock Lt to the left, recover on Rt, step Lt next to Rt.  
3&4            Rock Rt to the right, recover on Lt, step Rt slightly behind Lt.  
5-6            Turn ¼ left (3) step Lt slightly forward, step Rt slightly back.  
7&8            Triple left (9) step Lt slightly forward, step Rt beside Lt, step Lt slightly forward.

**Sec III: [17-24] Cross, Back, Out, Out, Walk 3/4 Circle To R.**

1-2            Cross Rt over Lt, step Lt back.  
3-4            Step Rt out to the right, step Lt out to the left.  
5-6            Turn ¼ left (12) walk Rt fwd, turn ¼ left (3) walk Lt fwd.  
7-8            Turn ¼ left (6) walk Rt fwd, walk Lt fwd.

**Sec IV: [25-32] Syncopated Hip Bumps R-L-R, Side Chasse 1/4 L, 1/2 Pivot L, Step, Heel Touch, Hook.**

1&2            Step Rt to the right bump R hip to right, bump L hip to left, bump R hip to right.  
3&4            Step Lt to the left, step Rt next to Lt, turn ¼ left (3) step Lt slightly forward.  
5-6            Step Rt forward, turn ½ left (9) take weight onto Lt.  
7&8            Step Rt forward, touch R heel fwd, hook Lt up across Rt weight onto Rt.

Start again and have fun!

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