# Make a Move



拍数: 32 墙数: 4 级数: Intermediate

编舞者: Amy Glass (USA) - October 2013

音乐: Make a Move - Gavin DeGraw: (iTunes)



#### 16 count intro, at the start of the vocals

### [1-9] Side R, Cross L over R, Sweep L, Behind & Forward, Walk x2, R Lock Forward

1-2 Step R to R side, Rock L over R

Recover on R, sweeping L from front to back

Step L behind R, Step R to R side, Step L forward

6-7 Walk forward R, L

8&1 Step R forward, Lock L behind R, Step R forward

#### [10-17] 1/4 Pivot R, Cross Shuffle, 3/4 Turn L, 1/4 Turn Side Rock Cross

2-3 Step L forward, Pivot ¼ R, weighting R [3:00] 4&5 Cross L over R, Step R to R side, Cross L over R

Turn ¼ L stepping back R, Turn ½ L stepping slightly forward on L Rock R forward, Recover on L while turning ¼ L, Cross R over L

## [18-24] Hold, Ball Cross, Back, Side, Cross, Walk back R, L

2 Hold

&3 Quick step L to L side, Cross R over L

4,5,6 Step back L, Step R to R side, Cross L over R

7-8 Walk back R, L

[Styling: On walks back, walls 3, 4, 7, 8, 10, & 11, lyrics are "Make a Move". Lift both arms, bent at elbows, palms up, forearms parallel to floor and gesture with hands as though asking someone to come your direction.]

#### [25-32] Rock Back R, Triple ½ L, Rock Back L, Triple Forward

1-2 Rock R back, Recover on L

Turn ¼ L stepping R to R side, Step L together, Turn ¼ L, stepping R back [9:00]

5-6 Rock L back, recover on R 7&8 Triple Forward L, R, L

# Tag: Happens following walls 2, 4 & 6 (6:00, 12:00, 6:00).

1-2 Rock forward R, Recover on L3-4 Rock back R, Recover on L

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