Azonto EZ



拍数: 64 墙数: 2 级数: Phrased Beginner

编舞者: Lisa McCammon (USA) - October 2013

音乐: Azonto (Radio Edit) - Fuse ODG



Intro: 32 counts; samba rhythm, 126 BPM; start with weight on left foot Sequence: ABB AAA BAA BAA, (A=the verse and B=the chorus)

Note to instructors: use this 1-wall dance to introduce the concept of AB choreography to beginners. It has a vee step; step, ¼ turn L; a jazz box cross; dips; cross, points; sways; and easy arm movements in

Because of the repeated steps, there are really only 24 counts in each part.

PART A (verse) 32 counts, 2 walls

[1-8] VEE STEP, HEEL, TOE, STEP, TURN 1/4 L

Step R fwd to R diag, step L to side; step R back to starting point, step L next to R 5-8 Touch R heel fwd, touch R toes back; step fwd R, turn 1/4 L [9] ending wt on L

[9-16] REPEAT PREVIOUS 8 (this will take you to the back wall)

[17-24] "DIP" TO R TOUCH L. DIP L. TOUCH R: REPEAT

Step R to side, bending knees slightly ("dip"), tap L in place; mirror; repeat, ending wt on L 1-8

[25-32] WALK, WALK, STEP, TURN 1/4, STEP, TURN 1/4, STOMP IN PLACE R, L

Walk fwd R, L, step fwd R, turn 1/4 L [3] ending wt on L 1-4

5-8 Step fwd R, turn ¼ L [12], stomp in place R, L (feet shoulder width apart, wt on L)

PART B ("Azonto" or chorus) 32 counts, 1 wall

[1-8] SWAY R, L, R, L, R, L, R, L

Your feet are shoulder width apart after Part A and they stay in place. With a VERY slight bouncing movement, sway alternately to the sides, starting to the right and ending to the left. Note: during the sways, your body will stay facing forward.

Arm movements during the sways on counts 1-16 (hands are in fists for all but count 7)

1-4 Cross arms at chest level when swaying R; uncross arms when swaying L; repeat

5-6 Push both arms up when swaying R; bring both arms down when swaying L

7-8 Point both index fingers to your temples when swaying R; relax arms when swaying L

[9-16] REPEAT PREVIOUS 8

[17-24] STEP. POINT. STEP. POINT. JAZZ BOX CROSS

1-4 Step fwd R, point L toes to side; step fwd L, point R toes to side 5-8 Cross R over L, step back L, step R to side, cross step L over R

[25-32] SWAY R, L, R, L, SIDE, TOUCH, SIDE, TOUCH

Stepping side R, sway R, L, R, L

Arm movements during sways on counts 1-4: Put right arm straight out forward making a fist as though you are driving a car, and "turn" the steering wheel slightly R, L, R, L as you are swaying.

5-8 Step R to side, touch L; mirror (note: when B follows B in the beginning, you will step slightly to the R to start the sways; otherwise, you are poised to begin the vee step in Part A.

This choreography is based on the intermediate dance Azonto by Shaz Walton and can be used as a floor split to accommodate dancers of different skill levels.

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