

Applause

拍数: 32 墙数: 4 级数: Improver
编舞者: Nathan Gardiner (SCO) - November 2013
音乐: Applause - Lady Gaga



Intro: 32 count intro No tags or Restarts

CROSS POINT, CROSS POINT, JAZZ BOX WITH CROSS

1-2 cross step right over left, point left to left side
3-4 cross step left over right, point right to right side
5-8 cross step right over left, step back on left, step right to right side, cross step left over right

CHASSE RIGHT, ROCK RECOVER, LEFT KICK BALL CROSS, LEFT KICK BALL CROSS

1&2 step right to right side, step left next to right, step right to right side
3-4 rock back on left, recover on right
5&6 kick left foot diagonally left, step left next to right, cross step right over left
7&8 kick left foot diagonally left, step left next to right, cross step right over left

ROCK RECOVER, SAILOR 1/4 TURN LEFT, ROCKING CHAIR

1-2 rock out to left side, recover on right
3&4 1/4 left stepping back on left, step right to right side, step left to left side
5-8 rock forward on right, recover on left, rock back on right, recover on left

SHUFFLE FORWARD, ROCK RECOVER, FULL TURN BACKWARDS LEFT, STEP BACK TOUCH

1&2 step forward on right, step left next to right, step forward on right
3-4 rock forward on left, recover on right
5-6 1/2 turn left stepping forward on left, 1/2 turn left stepping back on right
7-8 step back on left, touch right next to left

Start Again.....Happy Dancing

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