

# In These Arms

**COPPER KNOB**  
STEPSHEETS

拍数: 64      墙数: 4      级数: Phrased Improver  
编舞者: Edwin P Napitu (NL) - November 2013  
音乐: In These Arms - Bon Jovi



Intro: 32 Counts

Order Of The Dance : A, A, A, A(1 – 16), B, B, A(1 – 16), A, A, B, B, B (1 – 8), A, B, A(1 – 16), B, B, B, B, B

## PART A - 32 counts

### (1 – 8) R CROSS, ¼ TURN R STEP, BACK SHUFFLE, ROCK BACK, KICK BALL CHANGE

1 – 2            Cross R over L, ¼ turn right step L back  
3 & 4            Step R back, step L next to R, step R back  
5 – 6            Step L back, recover on R  
7 & 8            Kick L forward, step on ball of L, step R in place

### (9 – 16) L CROSS, ¼ TURN L STEP, BACK SHUFFLE, ROCK BACK, KICK BALL CHANGE

1 – 2            Cross L over R, ¼ turn left step R back  
3 & 4            Step L back, step R next to L, step L back  
5 – 6            Step R back, recover on L  
7 & 8            Kick R forward, step on ball of R, step L in place

### (17 – 24) SIDE, TOUCH, CHASSE, ROCK BACK, KICK BALL CHANGE

1 – 2            Step R to right side, touch L next to R  
3 & 4            Step L to left side, step R next to L, step L to left side  
5 – 6            Step R back, recover on L  
7 & 8            Kick R forward, step on ball of R, step L in place

### (25 – 32) SIDE, BEHIND, CHASSE ¼ TURN R, ROCK STEP, COASTER STEP

1 – 2            Step R to right side, cross L behind R  
3 & 4            Step R to right side, step L next to R, ¼ turn right stepping forward on R  
5 – 6            Step L forward, recover on R  
7 & 8            Step back on L, step R next to L, step forward on L

## PART B - 32 counts

### (1 – 8) KICK BALL CHANGE, STEP, TOUCH (2X)

1 & 2            Kick R forward, step on ball of R, step L in place  
3 – 4            Step R forward, touch L next to R  
5 &              Kick L forward, step on ball of L, step R in place  
7 – 8            Step L forward, touch R next to L

### (9 – 16) ROCK STEP, CHASSE ½ TURN R, FULL TURN FORWARD, SHUFFLE

1 – 2            Step R forward, recover on L  
3 & 4            Step R to right side, step L next to R, ½ turn right stepping forward on R  
5 – 6            ½ turn right step L back, ½ turn right step R forward  
7 & 8            step L forward, step R next to L, step L forward

### (17 – 24) CROSS, SIDE, SAILOR STEP, CROSS, SIDE, SAILOR STEP

1 – 2            Cross R over L, step L to left side  
3 & 4            Step R behind L, step L to left side, step R to right side  
5 – 6            Cross L over R, step R to right side  
7 & 8            Step L behind R, step R to right side, step L to left side

**(25 – 32) ½ TURN L, KICK BALL CHANGE, ¼ TURN L, KICK BALL CHANGE**

- 1 – 2            Step R forward, ½ turn left
- 3 & 4           Kick R forward, step on ball of R, step L in place
- 5 – 6           Step R forward, ¼ turn left
- 7 & 8           Kick R forward, step on ball of R, step L in place

**Just dance & Have Fun**

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