

Poison Ivy

COPPER KNOB
STEPPERS

拍数: 36 墙数: 2 级数: Beginner
编舞者: Thomas Haynes (USA) - November 2013
音乐: Smooth Sailing' - The Holiday Band : (amazon)



Alt: Poison Ivy - Nylons/Available on iTunes

Start dancing on lyrics

CROSS, POINT, CROSS, POINT, WEAVE LEFT TURNING ¼ LEFT

1-2 Cross right over left, Point left to left side
3-4 Cross left over right, Point right to right side
5-6 Cross right over left, Step left to left side
7-8 Cross right behind left, Turn ¼ left placing weight on left (9:00 wall)

CROSS-ROCK, TRIPLE STEP, CROSS-ROCK, TRIPLE STEP

1-2 Cross right over left, Rock back on left
3&4 Triple step right-left-right
5-6 Cross left over right, Rock back on right
7&8 Triple step left-right-left (9:00 wall)

WALK, WALK, TAP, STEP BACK, SHUFFLE BACK L-R-L, ROCK BACK, RECOVER FORWARD

1-2 Walk forward right-left
3-4 Tap right toe near left heel, Step back on right
5&6 Chassé back left-right-left
7-8 Rock back on right, Recover forward on left (9:00 wall)

PIVOT 1/8 TURN LEFT, PIVOT 1/8 TURN LEFT, JAZZ BOX

1-2 Step right forward, Pivot 1/8 turn left placing weight on left
3-4 Step right forward, Pivot 1/8 turn left placing weight on left (6:00 wall)
5-6 Cross right over left, Step back on left
7-8 Step right foot to right, Step left foot beside right

ROCKING CHAIR (or, TWO ½ PIVOT TURNS LEFT)

1-2 Rock forward on right, Recover back on left
3-4 Rock back on right, Recover forward on left (6:00 wall)

Note: Rocking Chair may be replaced by two ½ pivot turns left:

1-2 Step right forward, Pivot ½ turn left placing weight on left
3-4 Step right forward, Pivot ½ turn left placing weight on left

REPEAT

On smooth sailing use the following Tags

TAG AT END OF WALL 3 (6:00) AND WALL 6 (12:00):

SWAY RIGHT-LEFT-RIGHT-LEFT

1-2 Rock right on right foot, Rock left on left foot (swaying hips)
3-4 Rock right on right foot, Rock left on left foot (swaying hips)

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