Urban Fog 拍数: 64

编舞者: Gaye Teather (UK) - October 2013

音乐: Almost Saturday Night (feat. Keith Urban) - John Fogerty : (CD: Wrote A Song For Everyone)

64 count intro. Start on vocals - Dance rotates in CW direction Forward rock. Triple full turn Right. Diagonal step. Slide. Step. Touch 1 – 2 Rock forward on Right. Recover onto Left 3&4 Triple full turn Right (on the spot) stepping Right. Left. Right (Option: Right Coaster step) 5 – 8 Step Left diagonally forward Left. Slide Right beside Left. Step Left diagonally forward Left. Touch Right beside Left (keep steps small) Optional: On the parts where Keith says 'push the clouds away' Push arms to Left as you step to Left Quarter turn Right. Half turn Right. Shuffle half turn Right. Forward rock. Shuffle back 1 - 2Quarter turn Right stepping forward on Right. Half turn Right stepping back on Left 3&4 Half turn Right stepping forward on Right. Step Left beside Right. Step forward on Right (Facing 3 o'clock) Option for counts 1 – 4. Side Right. Cross Left behind. Shuffle quarter turn Right 5 – 6 Rock forward on Left. Recover onto Right 7&8 Step back on Left. Step Right beside Left. Step back on Left Back, Back, Coaster cross, Side rock, Behind-side-cross 1 - 2Walk back Right. Left 3&4 Step back on Right. Step Left beside Right. Cross Right over Left 5 – 6 Rock Left to Left side. Recover onto Right 7&8 Cross Left behind Right. Step Right to Right side. Cross Left over Right Diagonal Rocking chair. Step. Pivot half turn Left. Full turn Left (travelling forward) 1 - 2Rock Right diagonally forward Right. Recover onto Left 3 - 4Still facing Right diagonal rock back on Right. Recover onto Left 5 - 6Step forward on Right. Pivot half turn Left (Facing opposite corner – 11 o'clock) 7 – 8 Half turn Left stepping back on Right. Half turn Left stepping forward on Left (Facing 11 o'clock) Forward rock. Chasse Right. Cross rock. Chasse Left 1 - 2Still facing Left diagonal rock forward on Right. Recover onto Left 3&4 Step Right to Right side. Step Left beside Right. Step Right to Right side

- 5 6Cross rock Left over Right. Recover onto Right
- 7&8 Step Left to Left side. Step Right beside Left. Step Left to Left side

Cross. Side. Right Sailor step. Left Sailor step. Touch back. Half turn Right

- 1 2Cross Right over Left. Step Left to Left side
- 3&4 Cross Right behind Left. Step Left to Left side. Step Right to Right side
- 5&6 Cross Left behind Right. Step Right to Right side. Step Left to Left side
- 7 8 Touch Right toe back. Half turn Right transferring weight onto Right (Facing 6 o'clock)

Syncopated heel rocks forward x 2. Rock forward. Behind-side-cross

- 1 28Rock forward on Left heel. Recover onto Right. Step Left beside Right
- 3 4 Rock forward on Right heel. Recover onto Left. Step Right beside Left
- (Move arms in a locomotion movement with the words 'locomotion')





墙数:4

级数: Intermediate

- 5 6 Rock forward on Left. Recover onto Right
- 7&8 Cross Left behind Right. Step Right to Right side. Cross Left over Right

Side rock. Back rock. Side. Quarter turn Left. Walk. Walk

- 1 4 Rock Right to Right side. Recover onto Left. Rock back on Right. Recover onto Left
- 5 8 Step Right to Right side. Quarter turn Left. Walk forward Right. Left (or full turn Left) (Facing 3 o'clock)

Start again

Music ends on wall 6. Dance up to and including count 4 of section 4 (Diagonal rocking chair) then step side Right, quarter turn Left. Step forward for big ending!