

Hanging On

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Fred Buckley (CAN) - October 2013
音乐: Leaning on a Lonesome Song - Gord Bamford : (CD: Is It Friday Yet - iTunes)



Section 1: DIAGONAL STEP, CROSS ROCK, 1/4 TURN, STEP FORWARD, PIVOT 1/4, CROSS STEP, 1/4 TURN x2, CROSS STEP, STEP SIDE x2, SWAY

1 Step right to right diagonal
2&3 Cross rock left over right, recover onto right, turn 1/4 left and step forward on left
4&5 Step forward on right, pivot 1/4 turn left, cross right over left
6&7 Turn 1/4 right and step left back, turn 1/4 right and step right to right side, cross left over right
&8-1 Step right to right side, step left to left side, sway right

Section 2: LOCK STEP, FORWARD ROCK, 1/4 TURN, CROSS ROCK, 1/4 TURN, FULL TURN

2&3 Step left forward, lock right behind left, step left forward
4&5 Rock forward on right, recover onto left, turn 1/4 right and step right to right side
6&7 Cross rock left over right, recover onto right, turn 1/4 left and step left forward
8&1 Full turn left traveling forward stepping right, left, right (Alt: Lock step forward)

Section 3: 1/4 TURN, SAILOR 1/4 TURN, STEP FORWARD, 1/4 TURN, CROSS STEP, 1/4 TURN, 1/4 TURN, CROSS STEP, STEP BACK x2

2 Turn 1/4 right stepping left long step to left side
3&4 Turn 1/4 right crossing right behind left, step left to left side, step right in place
5&6 Step left forward, turn 1/4 turn left, cross left over right
7&8 Turn 1/4 left and step right back, Turn 1/4 left and step left to left side, cross right over left
&1 Step left back, step right back

Section 4: COASTER STEP, FORWARD ROCK, 1/2 TURN, STEP FORWARD, STEP FORWARD, PIVOT 1/2, STEP FORWARD, BALL STEP

2&3 Step left back, step right beside left, step left forward
4&5 Rock forward on right, recover onto left, turn 1/2 right and step right forward
6&7 Step left forward, pivot turn 1/2 right, step left forward
&8 Step right beside left, step left forward

Contact: fbuckyca2000@yahoo.com www.fredbuckley.net
