

One More Night

COPPERKNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: K. Sholes (USA) - October 2013
音乐: One More Night - Maroon 5



Rocks R,L,Double R, L,R,Double L (Fists pumps follow count...R,L,2x R, L,R,2x L)

1-4 Rock R, (R fist pump to R shoulder) Rock L, (L fist pump to L shoulder) Rock 2x R (R fist pump x2)
5-8 Repeat above steps beginning with L

Side Taps, Cross, Hitch, Returns

1 2 3&4 Tap R toe to side x2, Touch R across L, Hitch R knee, Step R to side.
5 6 7&8 Repeat above 4 count to L

Cross-Hitch Steps x2, Chareleston

1&2 3&4 Touch R across L, Hitch R knee, Step R to side. Touch L across R, Hitch L knee, Step L to side
5-8 Touch R toe forward, Step back R, Touch L toe back, Step forward L.

Cross-Touch, Side-Brush, Back-Touch, Side-Step, (Twister) x2, Step, 1/4 Pivot, Coaster

1&2& Touch R across L, Brush R to side, Touch R behind L, Step R to side.
3&4& Repeat above count with L.
5 6 7&8 Step R forward, Pivot 1/4 left keeping weight on R, Step L back, Step R next to L, Step L forward.

BEGIN AGAIN! ENJOY!

*For fun switch the double rocks for 3 syncopated hops to the side (1st 8 count)
**While doing Twister twist foot bearing weight back & forth as other foot moves

Contact: karensholes@hotmail.com
