

Amelie's Cups

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Jammart Amélie (BEL) - October 2013
音乐: Cups (Pitch Perfect's - When I'm Gone) (Pop Version) - Anna Kendrick



Intro : 32 counts

WALK , WALK, HEEL TOUCH FORWD 2X, BEHIND SIDE CROSS, ROCK SIDE

1-2 RF step forward, LF step forward
3-4 RF touch heel forward 2x
5&6 RF cross behind to F, LF step side L, RF cross over LF
7-8 LF rock side L, RF recover

BEHIND, SIDE,CROSS, 1/4 TURN R,1/2 TURN R, COASTER STEP , BIG STEP FORWARD, TOUCH

1&2 LF cross behind to RF, RF step side R, LF cross over to RF
3-4 RF step forward , ¼ turn right, LF step back ,1/2 turn R
5&6 RF step back, LF step next to RF, RF step forward
7-8 LF big step forward , LF touch beside to RF

POINT , POINT SWITCHES, BIG STEP SIDE, DRAG, POINT, POINT, SWITCHES,BIG STEP FORWARD , TOUCH

1&2& RF point toe forward, RF next to LF, LF point toe forward, LF step next to RF
3-4 RF big step side right, LF drag step next to RF
5&6& RF point toe forward, RF next to LF, LF point toe forward, LF step next to RF
7-8 RF big step forward , LF touch beside to RF

ROLLER VINE L, TOUCH,ROLLER VINE R, STOMP

1-2 LF step forward ¼ turn left, RF step back,1/2 turn left
3-4 LF step side left, ¼ turn left, RF touch next to LF
5-6 RF step forward, 1/4 turn right, LF step back ½ turn right
7-8 RF step side right, ¼ turn right, LF stomp

TAG: 16 counts and Restart : wall 4 & 8

SYNCOATED ROCK STEP, SYNCOATED ROCK STEP, TOUCH

1&2& RF rock cross over LF, LF recover, RF rock back, LF recover
3&4 RF rock cross over LF, LF recover, RF step side R
5&6& LF rock cross over RF, RF recover, LF rock back, RF recover
7&8& LF rock cross over RF, RF recover, LF rock back , RF touch

TURNING HEEL AND TOE SYNCOATED, SCUFF HITCH, STOMP, SCUFF, HITCH,STOMP

1&2& RF touch heel forward, RF next to LF, make ¼ turn left, touch toe back , LF next to RF
3&4& RF touch heel forward, RF next to LF, LF touch toe back , LF next to RF
5&6 RF scuff, hitch , stomp
7&8 LF scuff hitch, stomp

Contact: Submitted by - Materne Georgette - gegette.69@hotmail.com