拍数： 64
墥数： 2
级数：Intermediate
编舞者：Alexis Strong（UK）－October 2013
音乐：Let Me Go－Gary Barlow
［1－8］SIDE TOGETHER SIDE CLOSE SIDE，JAZZ BOX CROSS
1－2 Step $R$ to $R$ side，Step $L$ together
3\＆4 $\quad R$ to $R$ side，Step $L$ together，$R$ to $R$ Side
5－6 L Cross over R，$R$ step back
7－8 Step L to L side，Cross R over L．
［9－16］SIDE TOGETHER SIDE CLOSE SIDE，JAZZ BOX STEP FORWARD
1－2 Step $L$ to $L$ side，Step $R$ together
$3 \& 4 \quad L$ to $L$ side，Step $R$ together，$L$ to $L$ side
5－6 $\quad R$ Cross over $L$ ，$L$ step back
7－8 Step R to $R$ side，Step $L$ forward．
［17－24］ROCKING CHAIR， $1 / 2$ HOOK FORWARD LEFT SHUFFLE
1－2 Rock R forward，Step L back
3－4 Rock R back，Step L forward
5－6 Step R forward， $1 / 2$ Turn to $L$ hooking $L$
7\＆8 Step L forward，Step R together，Step L forward
［25－32］FORWARD RIGHT ROCK， $1 ⁄ 2$ TURN SHUFFLE， $1 ⁄ 2$ TURN SHUFFLE，RIGHT ROCK BACK
1－2 Rock forward R，Step L back
3\＆4 $\quad 1 / 2$ stepping on R，Step L together，Step R forward
5\＆6 $\quad 1 / 2$ stepping back on L，Step R together，Step L back
7－8 Rock $R$ back，Recover weight onto $L$
［33－40］RIGHT SIDE TOGETHER，FORWARD RIGHT SHUFFLE，STEP L TOUCH R STEP R TOUCH L
1－2 Step $R$ to $R$ side，Step $L$ together
3\＆4 Step R forward，Step L together，Step R forward
5－6 Step $L$ to $L$ side，Touch $R$ to $L$
7－8 Step $R$ to $R$ side，Touch $L$ to $R$
［41－48］LEFT SIDE TOGETHER，FORWARD LEFT SHUFFLE，MONTERAY ¼ RIGHT，TOUCH L OUT AND IN
1－2 Step $L$ to $L$ side，Step $R$ together
3\＆4
Step L forward，Step R together，Step L forward
5－6 Point $R$ to $R$ side， $1 / 4$ Stepping onto $R$
7－8 Point $L$ to $L$ side，Touch $L$ to $R$
［49－56］CHASSE LEFT，RIGHT ROCK BACK RECOVER， $1 / 4$ RIGHT SHUFFLE， $1 ⁄ 2$ LEFT SHUFFLE
1\＆2 Step L to $L$ side，Step R together，Step L to $L$ side
3－4 Rock back on $R$ ，Recover weight onto $L$
5\＆6 $\quad 1 / 4$ to $L$ stepping back on $R$ ，Step $L$ together，Step back on $R$
7\＆8 $\quad 1 / 2$ to $L$ stepping on $L$ ，Step R together，Step $L$ forward
［57－64］RIGHT STEP ½ TURN，RIGHT KICK BALL CHANGE，RIGHT JAZZ BOX CROSS
1－2 Step $R$ forward， $1 / 2 L$ stepping on $L$
3\＆4 Kick R forward，Step R back，Step L Back
5－6 Cross R over L，Step L back

Restart Wall 2: After Count 44 (After Forward Left Shuffle)
Restart Wall 4: After Count 8 (Replace Count 8 With A Right Touch Instead Of A Cross)
Restart Wall 6: After Count 8 (Replace Count 8 With A Right Touch Instead Of A Cross)
Tag: After Count 36 ON WALL 8 FACING 120 CLOCK
1,2, 3\&4 Left Side, Together, Forward Left Shuffle. - Then Restart The Dance
End Dance On Wall 10 After Count 28 By Doing A ½ Turn Pivot To Face The Front
Enjoy!!

