

It Is What It Is

COPPERKNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: High Improver / Intermediate waltz
编舞者: Mal Jones (UK) - October 2013
音乐: It Is What It Is by Lass Vegas (127 b.p.m.)



Available as free download at - www.lassvegas.co.uk

OR: It Is What It Is by Kacey Musgrave [Same Trailer Different Park c.d].
Alt. track: Dear Sobriety by Pistol Annies or similar

24 count intro begin on vocals

RIGHT TWINKLE, LEFT TWINKLE.

1 2 3 Travelling forward, cross right over left, step ball of left to left side turning to right diagonal, side step on right.
4 5 6 Travelling forward, cross left over right, step ball of right to right side turning to left diagonal, side step on left.

RIGHT FORWARD ROCK, BACK, BACK LOCK STEP.

1 2 3 Rock forward on right, recover left, step back on right,
4 5 6 Step back on left, cross right over left, back on left.

RIGHT BACK DRAG HOLD, STEP 1/4 SWEEP HOLD.

1 2 3 Long step back on right, drag left foot to right and hold for one count.
4 5 6 Step forward on left making 1/4 turn left, sweep right from behind over two counts. (9 o'clock).

CROSS, SIDE, BEHIND. SIDE TOGETHER FORWARD.

1 2 3 Cross right over left, side step left, cross right behind left.
4 5 6 Side step left, place right next to left, forward on left.

* **RESTART** There are 2 x 24 count tag sections of music in this track. Dance sections 1 - 4 and Restart from section 1, on walls 3 facing 9 o'clock and wall 8 facing 6 o'clock.

SIDE TOGETHER BACK, BACK LOCK STEP.

1 2 3 Side step right, place left next to right, step back on right.
4 5 6 Step back on left, cross right over left, back on left.

COASTER STEP, 1/4 LEFT CROSS TWINKLE.

1 2 3 Back on right, back on left, step forward on right.
4 5 6 Cross left over right to right diagonal, step back and pivot on ball of right making 1/4 turn left, step left to left side. (6 o'clock).

RIGHT CROSS, SIDE, BEHIND. LEFT SIDE, DRAG HOLD.

1 2 3 Cross right over left, side step left, cross right behind left.
4 5 6 Long step left to left side, drag right to left and hold for one count.

FULL ROLLING VINE RIGHT, CROSS, SIDE, RECOVER.

1 2 3 Making full turn right, step 1/4 right, 1/4 right, 1/2 right (6 o'clock).
* **1 2 3 Easier option, step right to right side, cross left behind right, right to right side.**
4 5 6 Cross left over right, step and pivot on ball of right to right side (no weight), recover on left.

Optional ending to finish on 12 o'clock wall – dance to end of section 7, step right foot to right making 1/4 turn, sweep left foot from behind to cross over right.

Don't forget to smile remember, It Is What It Is !

Contact: mal-jones@lineone.net
