

My Love Is Alive

COPPER KNOB
BY STEPHEN HETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Graham Mitchell (SCO) - October 2013
音乐: Love Is Alive (7th Heaven Radio Edit) - Denise Pearson : (iTunes)



Section1: [1-8] Step Touch, Kick Ball Cross Right & Left

1-2 Step Right To Right, Touch Left Beside Right
3&4 Kick Left Forward, Place Left Beside Right, Cross Right Over Left
5-6 Step Left To Left, Touch Right Beside Left
7&8 Kick Right Forward, Place Right Beside Left, Cross Left Over Right

Section2: [1-8] Side Together, Fwd Shuffle, Rock Recover, ¼ Turn Shuffle Left

1-2 Step Right To Right Side, Place Left Beside Right
3&4 Step Forward Right, Close Left Beside Right, Step Forward Right
5-6 Rock Forward Left, Recover Right
7&8 ¼ Shuffle Left, Stepping Left Right Left

Section 3: [1-8] Cross, Side, Behind & Heel-Ball-Cross Side, ¼ Coaster Step

1-2 Cross Right Over Left, Step Left To Left Side
3&4 Step Right Behind Left, Step Left To Left, Touch Right Heel To Right Side
&5-6 Step Right Beside Left, Step Left Across Right, Step Right Making ¼ Turn Left
7&8 Step Back Left, Close Right Beside Left, Step Forward Left

Section 4: [1-8] ¼ Pivot, Cross Shuffle, Rock Recover, Behind Side Cross

1-2 Step Forward Right, Pivot ¼ Left
3&4 Cross Right Over Left, Step Left To Left, Cross Right Over Left
5-6 Rock Left To Left Side, Recover On Right
7&8 Step Left Behind Right, Step Right To Right Side, Cross Left Over Right

Section 5: [1-8] Points Front, Side, Back Point, Cross Point, Forward Shuffle

1-2 Point Right Toe Forward, Side
3-4 Step Back Right, Point Left Toe To Left Side
5-6 Cross Left Over Right, Point Right Toe To Right Side
7&8 Step Forward Right, Close Left Beside Right, Step Forward Right

Section 6: [1-8] Rock Recover, ½ Shuffle Left, Heel Grind ½ Right, Back Left, Right Back, Left Cross

1-2 Rock Forward Left, Recover On Right
3&4 ½ Turn Left Stepping Left Right Left
5-6 Step Forward Right On Heel, ½ Right Stepping Back Left, Grinding Right Heel
7-8 Step Back Right, Cross Left Over Right

Section 7: [1-8] Back Together, Forward Shuffle, Rock Recover, ½ Turn Shuffle Left

1-2 Step Back Right, Step Left Beside Right
3&4 Step Forward Right, Close Left Beside Right, Step Forward Right
5-6 Rock Forward Left, Recover On Right
7&8 ½ Turn Left Stepping Left Right Left

Section 8: [1-8] Side Rock, Sailor ¼ Right, Rock Recover, Full Turn Shuffle

1-2 Rock Right To Right Side, Recover On Left
3&4 ¼ Turn Right Stepping Right Left Right
5-6 Rock Forward On Left, Recover On Right
7&8 Full Turn Shuffle Left, Stepping Left Right Left

Ending Dance Up To Step 46. Replace Steps 47-48 With $\frac{1}{4}$ Right & Hold

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