

It Is What It Is

拍数: 48 墙数: 4 级数: Easy Intermediate
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音乐: It Is What It Is - Kacey Musgraves : (CD: Same Trailer Different Park)



24 Count Intro : Starts on Vocals

STEP, POINT, HOLD, ¼, TOGETHER, ¼

1-3 Step forward left, point right to right diagonal, hold
4-6 Step back right making ¼ turn, (3) close left next to right, step a ¼ right on right (6)

TWINKLE, TWINKLE ¾ TURN

1-3 Cross step left over right, step right beside left, step left in place
4-6 Cross right over left, turn ¼ right & step left back, turn ½ right stepping forward right (3)

BASIC FORWARD, BASIC BACK

1-3 step left forward, close right next to left, step left in place
4-6 step right back, close left next to right step right in place

BACK, SWEEP, HOLD, SAILOR STEP (Travelling back)

1-3 Step back on left, sweep right foot from front to back, Hold
4-6 Cross right behind left, step left to left side, step right to right side

Restart Here On Wall 3

CROSS, SIDE, BEHIND, SIDE ROCK, CROSS

1-3 Cross left in front of right, step right to right side, cross left behind right
4-6 Rock ride to right side, recover on left, cross right over left

POINT, BACK, POINT, MONTEREY ½ TURN, TOGETHER

1-3 Point left to left side, step back on left, point right to right side
4-6 Turn ½ turn right stepping right beside left, point left to left side, step left beside right (taking weight) (9)

STEP, ROCK/ LUNGE, ROCK STEP, ROCK//LUNGE, RECOVER

1-3 Step right to right side, rock/lunge left over right, recover weight to right
4-6 Step left to left side, rock/lunge right over left, recover weight on left

RIGHT TWINKLE, CROSS SIDE DRAG

1-3 Cross right over left, step left to left side, step right beside left
4-6 Cross left over right, step right to right side (taking weight), drag left to right
