

Applause

COPPER KNOB
STEPSHEETS

拍数: 192 墙数: 4 级数: Phrased Intermediate
编舞者: Carlton Thompson (USA) & Elvin Dioquino - October 2013
音乐: Applause - Lady Gaga



Sequence: A-B-C-A-B-C-D-B-C

Choreographer Notes:

Flow of Movement – Wall 1 is A (Verse), Wall 2 is B (Verse 2), Wall 3 is C (Chorus), Then start back on A; however, A is now facing Wall 3. Wall 3 is A (Verse), Wall 4 is B (Verse 2), Wall 1 is C (Chorus), Wall 1 is D (Transition), Wall 2 is B (Verse 2) and Wall 3 is C (Chorus).

Dance Starts 32 counts after intro

Part A: Verse (64 – Counts)

Section A1: Step, Slide, Point, Hold, Point, Swivel and Clap

1-2 Step right to right side, slide left foot towards right. (Arms: bring right elbow to right side, hold)
3&4 Step left foot back, step right next to left, step left foot forward.
5-6 Point right toe to right side, hold
7&8 Touch right toe forward, Swivel right heel out, Swivel right heel in with clap

Section A2: Step, Point, Step, Point, Box Square

1-2 Step right foot forward, point left toe to left side.
3-4 Step left foot forward, point right toe to right side.
5-6 Cross right foot over left foot, step left foot back.
7-8 Step right foot to right side, step left foot forward.

Section A3: Rock Step, Shuffle Back, Rock Step, Shuffle Forward

1-2 Cross right foot over left into a rock step (45 degree angle to left), recover back on left.
3&4 Step back on right foot, step left next to right, step right back.
5-6 Square body up to 12:00 – Rock left foot back, step right foot forward.
7&8 Step left foot forward, step right next to right, step left forward.

Section A4: Cross and Steps x 4

1&2 Cross right foot over left, step left to left side, step right foot forward out.
&3&4 Step right foot center, cross left foot over right, step right to right side, step left foot forward out.
&5&6 Step left foot center, cross right foot over left, step left to left side, step right foot forward out.
&7&8 Step right foot center, cross left foot over right, step right to right side, step left heel forward out.

Section A5: Rock, Recover, Grapevine Right, Step ¼ turn, Step ½ Turn, Step ¼ Turn

1-2 Rock left foot forward at a 45 degree angle, recover back on right (facing 12:00).
3-4 Step left foot behind right, step right to right with a ¼ turn right.
5-6 Step left foot forward and pivot ½ turn right, step foot forward (9:00)
7-8 Step left foot forward and pivot ¼ turn right, step right foot behind left (12:00).

Section A6: Rock, Recover, Weave Right, Rock, Recover, Toe Touch Forward, Heel Swivel and Clap

1-2 Rock left to left side, recover weight on right foot.
3&4 Step left foot behind right, step right to right side, cross left over right.
5-6 Rock right to right side, recover weight on to left foot.
7&8 Toe touch right forward, swivel right heel out, swivel right heel in with clap.

Section A7: Cross, ¼ turn, Cross ¼ Turn, Cross ¼ Turn, Cross ¼ Turn

- 1-2 Cross and step right over left (lock step), ¼ left with left toe touch to left side. (9:00)
- 3-4 Step left in front of right, ¼ left with right toe touch to right side. (6:00)
- 5-6 Step right in front of left, ¼ left with left toe touch to left side. (3:00)
- 7-8 Step left in front of right, ¼ left with right toe touch to right side. (12:00)

Section A8: Rock, Recover, Coaster Step, Rock, Recover, ¼ Turn Coaster Step

- 1-2 Rock right foot forward, Recover back on left.
- 3&4 Step right foot back, step left next to right, step right foot forward.
- 5-6 Rock left foot forward, Recover back on right.
- 7&8 Step back on left foot, ¼ turn right with right foot, step forward on left foot. (3:00)

Part B: Verse 2 (32 – Counts)

Section B1: Side Toe Touch and Clap x3, Side and Side Toe Touch

- 1-2 Toe touch right to right side, clap.
- &3-4 Step right to center, toe touch left to left, clap.
- &5-6 Step left to center, toe touch right to right, clap.
- &7-8 Step right center, toe touch left to left, toe touch right to right.

Section B2: Side Toe Touch, Hitch left leg towards center, Side Toe Touch x2, Side and Side Toe Touch

- &1-2& Bring right to center, point left to left side, hitch left leg “in angle” towards mid section with clap, clap.
- 3-4 Toe touch left to left, toe touch right to right.
- &5-6& Bring right to center, point left to left side, hitch left leg “in angle” towards mid section with clap, clap.
- 7-8 Toe touch left to left, toe touch right to right.

Section B3: Rock, Recover, Shuffle Back, Coaster Step, Forward Step Lock Step

- 1-2 Rock right foot forward with body roll, recover back on left foot.
- 3&4 Shuffle – Step right foot back, step left next to right, step right foot back.
- 5&6 Step left foot back, step right next to left, step left foot forward.
- 7&8 Step right foot forward, step left behind right, step right foot forward.

Section B4: Rock, Recover, ½ Turn Cache, Step ¼ Turn, Step ¼ Turn.

- 1-2 Rock left foot forward, recover back on right foot.
- 3&4 ½ turn cache left – ¼ turn left with left foot, step right next to left, ¼ turn left with left foot.
- 5-6 Step right foot while making a ½ turn left.
- 7-8 Step right foot while making a ½ turn left.

Part C: Chorus (64 – Counts)

Section C1: Jump, Hold, and Jump Point, and Jump Point, and Point and Point

- 1-2 Jump to the right (body is leaning slight angle left), hold.
- &3-4 Jump to the left and step right foot center, point left toe to left side, hold.
- &5-6 Jump to the right and step left foot center, point left toe to left side, hold.
- &7&8 Jump to the left and step right foot center, point left toe to left side, bring right to center, point left toe to left side.

Section C2: Step, Point, Hold, Slide, Point, Hold, Slide, Point, Hold, Turn

- &1-2 Step right foot center, point left toe to left side (start to bring both arms above your head), hold your step but swing both arms around the top of your head.
- &3-4 Repeat steps (&1-2).
- &5-6 Step right foot center, point left toe to left side, cross right over left making a ¾ turn left.
- 7-8 Step left foot forward, step right forward and make a ¼ turn left (prepare to jump and repeat section C1 again.)

Section C3: Repeat Steps in Part C, Section 1

Section C4: Repeat Steps in Part C, Section 2

Section C5: Charleston Step Kicks with Claps

- 1-2& Turning at a 45 degree to your right – Step right foot forward, kick left leg forward while doing 2 quick claps with your hands (2&).
3-4 Step left foot back, make a ¼ turn left (now facing 45 degrees to your left) while stepping right toe touch back.
5-6& Step right foot forward, kick left leg forward while doing 2 quick claps with your hands (6&).
7-8 Step left foot back, toe touch right to right side.

Section C6: Side Point, Side Point, Side Point, Hold x2

- 1&2& Toe touch left to left side, bring left foot to center, toe touch right to right side, bring right foot to center
3-4 Toe touch left to left side, hold
5&6& Toe touch right to right side, bring right foot to center, toe touch left to left side, bring left foot to center
7-8 Toe touch right to right side, hold

Section C7: Repeat steps in Part C, Section 5.

Section C8: Repeat steps in Part C, Section 6.

Part D: Transition (32 – Counts)

Section D1: Rock, Hold, Recover, Hold Side Step Drag, Full Turn

- 1-2 Cross right foot over left, hold
3-4 Recover back on left foot, slowly drag right foot towards left foot.
5-6 Step right foot to right side, slowly drag left foot towards right foot.
7-8 Step and pivot ½ turn right with left foot, Step and pivot ½ turn right with right foot (now facing 2:00)

Section D2: Rock, Hold, Recover, Hold, ½ Turn, Full Turn

- 1-2 Rock left foot forward, hold.
3-4 Recover back on right foot, drag left foot towards right.
5-6 ½ turn left by leading with left foot, hold (now facing 8:00)
7-8 Step and pivot ½ turn left leading with right foot, Step and pivot ½ turn left with left foot.

Section D3: Rock, Hold, Recover, Hold Side Step Drag, Full Turn

- 1-2 Rock right foot forward, hold.
3-4 Recover back on left foot, drag right foot towards left.
5-6 Step right foot to right side (now facing 9:00), drag left foot towards right. Also start to pivot body to face 10:00)
7-8 Cross left foot over right while making a pivot full turn right, step right foot forward.

Section D4: Rock, Hold, Recover, Hold, ½ Turn, Full Turn (Make sure to square up; face 3:00)

- 1-2 Rock left foot forward, hold,
3-4 Recover back on right foot, drag left foot towards right.
5-6 ½ turn left by leading with left foot, swing right foot around. (now facing 5:00)
7-8 Step right foot forward (facing 3:00) and pivot 1 full turn left, step left foot forward.

Ending 5 Count Tag:

- 1-2 Step right foot forward, toe touch left to left side.
3-4 Step left foot forward, toe touch right to right side.
&5 Tap the ball of your right foot forward, step right foot forward (with clap X 2).

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