

Wrong Side Slide

拍数: 64 墙数: 4 级数: Intermediate
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音乐: Wrong Side - Nic Cowan : (Album: Hardheaded)



Intro: 16 Counts

[1-8] 2 SLOW WALKS FORWARD, OUT, OUT, DRAG, BALL CROSS

1-4 Step R forward; Hold; Step L forward; Hold

Styling: Use lots of attitude and style on these 2 walks!

5-6 Step R to right (Roll R knee out push hip right); Step L to left (Roll L knee out push hip left)

7&8 Drag R toe in toward L; Step ball of R back; Step L across R

[9-16] 1/4 TURN L, 1/2 TURN L, 1/4 TURN L, KNEE ROLLS R, KNEE ROLLS L, CROSS, 1/4 TURN R

1-2 Turn 1/4 left step R back; Turn 1/2 left step L forward

3-4 Turn 1/4 left touch R to right as you roll R knee out; Roll R knee out again shifting weight to R

5-6 Touch L to left as you roll L knee out; Roll L knee out again shifting weight to L

7-8 Step R across L; Turn 1/4 right step L back

[17-24] 1/4 TURN R with R HITCH, SIDE, DRAG, BALL, CROSS, 1/4 TURN L, 1/4 TURN L, BACK LOCK BACK

1-2 Turn 1/4 right as you lift R knee up; Large step R to right

3&4 Drag L toe in toward R; Step ball of L back; Step R across L

5-6 Step L forward to left diagonal turning 1/4 left; Turn 1/4 left step R back

7&8 Step L back; Lock/step R across front of L; Step L back

[25-32] BACK, TOUCH, FORWARD, TOUCH, BACK, TOUCH , 1/2 TURN L, 1/2 TURN L

1-2 Step R back leaning back slightly (or body roll back); Touch L toe in place

3-4 Step L forward leaning forward slightly; Touch R toe in place

5-6 Step R back leaning back slightly or body roll back; Touch L toe in place

Note: The above 6 counts should feel like the step touches in the Electric Slide – body angled slightly to the right.

7-8 Step L forward turn 1/2 left; Step R back turn 1/2 left

[33-40] FORWARD, & LOCK, HEEL SWIVELS with 1/2 TURN L, COASTER STEP, 2 FORWARD WALKS

1&2 Step L forward; Step R forward; Lock/step L behind R

3&4 Turning 1/2 left, Swivel on balls of both feet - Heels R; Heels L; Heels R (shift weight to R) (6:00)

5&6 Coaster Step - Step L back; Step R together; Step L forward

7-8 Step forward R, L

[41-48] 1/4 TURN R & POINT (or low kick), & CROSS, SIDE, SAILOR L, SAILOR R

1&2 Step R forward turn 1/4 right; Step L to left; Point R toe (or do a low kick) to right diagonal

&3-4 Step ball of R back; Step L across R; Step R to right

5&6 Step L behind R; Step R to right; Step L slightly forward

7&8 Step R behind L; Step L to left; Step R slightly forward

[49-56] CROSS, POINT, CROSS, POINT, JAZZ BOX

1-4 Step L across R; Point R to right; Step R across L; Point L to left

5-8 Step L across R; Step R back; Step L to left; Step R forward

[57-64] FORWARD ROCK, RECOVER with 1/2 TURN L, 1/2 "PADDLE" TURN LEFT, OUT, OUT, HOLD (style)

1-2 Rock L forward; Recover back to R turn 1/2 left
3&4 Step L forward (3); Step ball of R forward turn 1/2 left (&); Step L forward (4)
&5-8 Step R to right(&); Step L to left(5); Hold with feet apart (6-7); Shift weight to L (8)
Styling: As you hold counts 6-7 you may do hip rolls, body rolls, etc.

Begin again!

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