

After All

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Alan Spence (UK) - September 2013
音乐: After All (feat. Bryan Adams) - Michael Bublé : (Album: To Be Loved)



Point x2, Sweep, Jazz Box, Turn

1 2 Point Right in Front of Left, Point Right to Right Side
3 4 Sweep Right from Side Across Front of Left, Cross Right Over
5 6 Step Back on Left, Step Right to Right Side
7 8 Cross Left Over Right, Start 1/4 Turn Left Stepping Back on Right

1/4 Turn Chasse x3, Fwd Rock

1 & 2 Finish 1/4 Turn Left, Stepping Left to Left Side, Step Right Beside Left, Step Left to Left Side
3 & 4 Make 1/4 Turn Left Stepping Right to Right Side, Step Left Beside Right, Step Right to Right Side
5 & 6 Make 1/4 Turn Left Stepping Left to Left Side, Step Right Beside Left, Step Left to Left Side
7 8 Rock Forward on Right, Recover on Left

Back Point, Cross Sweep, Jazz Box

1 2 Step Back on Right, Point Left Slightly Back on Left Side
3 4 Cross Left Over Right, Sweep Right From Back to Front
5 6 Cross Right Over Left, Step Back on Left
7 8 Step Right to Right Side, Cross Left Over Right

Chasse Right, 1/4 Turn Chasse x 2, Back Rock

1 & 2 Step right to Right Side, Step Left Beside Right, Step Right to Right Side
3 & 4 Make 1/4 Turn Left Stepping Left to Left Side, Step Right Beside Left, Step Left to left Side
5 & 6 Make 1/4 Turn Left Stepping Right to Right Side, Step Left beside Right, Step Right to Right Side
7 8 Rock Back on Left, Recover on Right

Skate x 2, Shuffle Forward, Rocking Chair

1 2 Skate Left Forward, Skate Right Forward
3 & 4 Shuffle Forward Stepping L R L
5 6 7 8 Rock Forward on Right, Recover on Left, Rock Back on Right, Recover on Left

Shuffle 1/2 Turn, Back Rock, Shuffle 1/2 Turn, 1/4 Turn Step Fwd

1 & 2 Shuffle 1/2 Turn, Turning Left Stepping R L R (It's like shuffling backwards as you turn)
3 4 Rock Back on Left, Recover on Right
5 & 6 Shuffle 1/2 Turn, Turning Right Stepping L R L (Again It's Like Shuffling Backwards as you turn)
7 8 Make 1/4 Turn Right, Stepping Right to Right Side , Step Forward on Left

Forward Rock, 1/2 Turn, Sweep, Jazz Box

1 2 Rock Forward on Right, Recover on Left,
3 4 Make 1/2 Turn Right Stepping Forward on Right, Sweep Left Across Front Of Right
5 6 Cross Left Over Right, Step Back on Right
7 8 Step Left to Left Side, Cross Right Over Left

Restart Dance on Wall 5: at this point, Replace the Right Crossing Over Left (Count 8) with Touch Right Beside Left

Step Side, Drag, Back Rock, Side Back Rock, Step Fwd

1 2 Take Long Step Left to Left Side, Drag Right to Left

3 4 Keep Dragging Right into Back Rock, Recover on Left
5 6 Take Long Step Right to Right Side, Rock Back on Left
7 8 Recover on Right , Step Left Forward

Enjoy

Contact: alanspence5678@btinternet.com
