

Give A Little

拍数: 64 墙数: 4 级数: Intermediate
编舞者: David Sinfield (UK) - October 2013
音乐: A Little Respect - Erasure : (iTunes)



16 count intro

WALK FORWARD RIGHT, LEFT, KICK BALL STEP, PRESS KICK, COASTER STEP

1-2 Walk forward right, walk forward left
3&4 Kick right forward, step right down, step left beside right
5-6 Press right toe forward, kick right forward
7&8 Step right back, step left beside right, step right forward

ROCK ¼ TURN RIGHT, LEFT SHUFFLE, ROCK FORWARD, SHUFFLE ½ TURN RIGHT

1-2 Rock left to left, on the ball of right ¼ turn right
3&4 Step left forward, close right beside left, step left forward
5-6 Rock forward on right, replace weight onto left
7&8 Shuffle ½ turn right stepping right-left-right

ROCK STEP, COASTER STEP, ROCK STEP, COASTER CROSS

1-2 Rock forward on left, replace weight onto right
3&4 Step left back, step right beside left, step forward left
5-6 Rock forward right, replace weight onto left
7&8 Step right back, step left beside right, cross right over left

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, SAILOR ¼ TURN RIGHT

1-2 Rock left to left, replace weight onto right
3&4 Cross left over right, step right to right, cross left over right
5-6 Rock right to right, replace weight onto left
7&8 Cross right behind left, step left to left, on the ball of right ¼ turn right

ROCK FORWARD, SHUFFLE ½ TURN LEFT, STEP, SIDE ¼ TURN RIGHT, BEHIND SIDE CROSS

1-2 Rock forward left, replace weight onto right
3&4 Shuffle ½ turn left stepping left-right-left
5-6 Step right forward, on the ball of left spin a ¼ turn right
7&8 Cross right behind left, step left to left, cross right over left

SIDE ROCK, CROSS SHUFFLE, SIDE BEHIND, HEEL BALL CROSS

1-2 Rock left to left, replace weight onto right
3&4 Cross left over right, step right to right, cross left over right
5-6 Step right to right, step left behind right
7&8 Touch right heel forward, step right down, cross left over right

STEP SLIDE RIGHT, TURN ½ RIGHT, STEP SLIDE LEFT, TWIST TO RIGHT, HEELS, TOES, HEELS, & JUMP

1-2 Take large step to right side with right foot, slide left foot to right
3-4 Turn ½ right & take large step to left side with left foot, slide right foot to left
5-8 Twist both heels right, both toes right, both heels right, small jump both feet to right

STEP PIVOT, SHUFFLE FORWARD, STEP PIVOT SHUFFLE

1-2 Step right forward, pivot ½ turn left
3&4 Step right forward, close left beside right, step right forward
5-6 Step left forward, pivot ½ turn right

7-8 Step left forward, close right beside left, step left forward

Contact: thighslappincowboy@hotmail.com
