

拍数: 40 墙数: 4 级数: Intermediate

编舞者: Carol Bates (UK) - October 2013

音乐: Borrowed - LeAnn Rimes



16 count intro

Side, cross rock recover 1/4,	, triple turn,	, mambo step,	, walk back right	i, left, right
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1-2&3 Step right foot to right side, cross rock left over right, recover on right, turn 1/2 left stepping

forward on left foot

4 & 5 Turn ½ left stepping back on right, turn ½ left stepping forward on left, step forward on right

(Alternative steps 4&5 above – right shuffle forward)

6 & 7 Rock forward on left, recover on right, step left next to right

8 & 1 Walk back right, left, right (9 o'clock)

Back rock recover, ½ turn right, walk back right, left, right, rock back recover, ½ turn right

2 & 3 Rock back on left, recover on right, turn ½ turn right stepping back on left

4 & 5 Walk back right, left, right

Wall 5 restart here facing 12 o'clock, count 5 step right to right side this becomes the first step of the dance

6 & 7 Rock back on left, recover on right, ½ turn right stepping back on left

&8 & 1 Sweep right foot round behind left, turn 1/4 left stepping left to left side, step right slightly

forward (6 o'clock)

Left side rock cross, side behind 1/4 right, pivot full turn right, reverse 1/2 turn left

2 & 3 Rock left to left side, recover on right, cross left over right

4 & 5 step right to right side, step left behind right, turn 1/4 right stepping forward on right (9 o'clock)

6 & 7 Step forward on left, pivot ½ turn right, on ball of right turn ½ right stepping back on left

(Alternative steps 6&7 above – forward left mambo step)

Step back on right, turn ½ left stepping forward on left, step right forward (3 o'clock)

Wall 2: Restart here facing 9 o'clock, count 1 step right to right side this becomes the first count of the dance

Left side rock, recover, cross, sway right, sway left, right side, behind 1/4 right, pivot 3/4 right

2 & 3 Rock left to left side, recover on right, cross left over right 4 - 5

Sway hips to right side, sway hips to left side

6 & 7 Step right to right side, step left behind right, turn 1/4 turn right stepping forward on right 8 & 1 Step forward on left, pivot ½ turn right (weight on right), turn ¼ right stepping left to left side

Back rock, recover, step right to right side, back rock, recover, turn 1/4 right, right behind, side, cross, sway out to left side

2 & 3 Rock back on right, recover on left, step right to right side

4 & 5 rock back on left, recover on right, turn 1/4 turn right stepping left to left side

6 & 7 step right behind left, step left to left side, cross right over left

8 sway out to left side (6 o'clock)

Due to the Restart on wall two, the dance becomes a 4 wall dance

Happy dancing.

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