

Counting Stars

COPPER KNOB
BY STEPHENETS

拍数: 80 墙数: 2 级数: Intermediate
编舞者: Simon Ward (AUS) - September 2013
音乐: Counting Stars - OneRepublic : (Album: Native, - iTunes)



Notes: Dance begins approx 38 secs, 3x Restarts on Walls 3, 4 & 5

[1-8] Walk R,L, Shuffle fwd R,L,R, L fwd, Pivot ¼ R, Cross L chasse

1-2 Walk forward right, Walk forward left
3&4 Step right slightly forward, Step left beside right, Step right slightly forward 12.00
5-6 Step left forward, Pivot ¼ turn right taking weight onto right 3.00
7&8 Cross/step left over right, Step right slightly right, cross/step left over right

[9-16] ¼ L, ¼ L, Cross R ball jack, Tog, Cross/step L, ¼ L, L back, Hold & clap twice

1-2 Step right to right side turning ¼ turn left 12.00, Step left back turning ¼ turn left 9.00
3&4 Cross/step right over left, Step left slightly to left side, Touch right heel to right diagonal
&5-6 Step right beside left, Cross/step left over right, Step right slightly right turning ¼ turn left 6.00
7&8 Step left back bending right knee, Hold and clap twice on &8

[17-24] R fwd, ½ R stepping L back, R coaster step, ¼ turn R stepping L side, Hold, Weave left

1-2 Step right slightly forward, Turn ½ turn right & step back on left 12.00
3&4 Step right back, Step left beside right, Step right forward
5-6 Turn ¼ turn right & step left to left side 3.00, Hold
7&8 Step right behind left, Step left slightly left, Cross/step right over left

[25-32] Rock/step L, Recover, Weave right 1/8 turn R, Walk fwd R,L, Shuffle fwd R,L,R

1-2 Rock/step left to left side, Recover weight onto right
3&4 Step left behind right, Step right slightly right, Step slightly forward on left turning 1/8 turn right 4.30
5-6 Walk forward right, Walk forward left 4.30
7&8 Step right slightly forward, Step left beside right, Step right slightly forward 4.30

[33-40] Rock L fwd, Recover with sweep, L back with sweep, R back 1/8 L, Full turn L touch R behind with look & shoulder pop

1-2 Rock/step left forward, Recover weight back onto right sweeping left backwards 4.30 (bend knees and push off)
3-4 Step left back sweeping right backwards 4.30, Step right back turning 1/8 turn left 3.00 (bounce in the steps back for styling)
5-6 Step left to left side turning ¼ turn left 12.00, Step right back turning ½ turn left 6.00
7-8 Turn a further ¼ turn left & step left to left side dragging right 3.00, Touch right toe behind left with sharp look left while dropping left shoulder down & popping right shoulder up (use arms for styling) 3.00

*****RESTART ON WALL 5*****

[41-48] Point R, Touch R behind, ½ turn R, Weave L, Hold, L side, R cross/step

1-2 Point right toe to right side looking straight ahead & relaxing shoulders, Touch right toe behind left while dropping left shoulder down & popping right shoulder up (use arms for styling) 3.00
3-4 Step right to right side turning ¼ turn right 6.00, Step left forward turning a further ¼ turn right 9.00
5&6 Step right behind left, Step left slightly left, Cross/step right over left
7&8 Hold, Step left slight left, Cross/step right over left 9.00

[49-54] Rock L, Recover, Weave R ¼ turn R, Step tog ¼ R, Step L with hitch, R behind, ¼ L & shuffle fwd L,R,L

- 1-2 Rock/step left to left side, Recover weight onto right
3&4 Step left behind right, Step right slightly right turning ¼ turn right 12.00, Step left slightly forward
&5-6 Step right slightly forward making a ¼ turn right 3.00, Complete ¼ turn right & step left to left hitching right knee up and out slightly to right 3.00, Step right behind left 3.00 (the & count is like a skip)
7&8 Turn a further ¼ turn left & step left forward 12.00, Step right beside left, Step left forward

[55-64] Rock R fwd, Recover, ½ turn R triple step, ¼ R step L side, R behind, ¼ turn L shuffle fwd L,R,L

- 1-2 Rock/step right forward, Recover weight back on the left
3&4 Step right back turning ¼ turn right 3.00, Step left beside right, Step right to right turning ¼ turn right 6.00
5-6 Turn a further ¼ turn right & step left to left side dropping left shoulder down & popping right shoulder up 9.00, Step right behind left dropping right shoulder down & popping left shoulder up (shoulders are for styling)
7&8 Turn a further ¼ turn left & step left forward 6.00, Step right beside left, Step left forward 6.00

RESTART ON WALL 3

[65-72] Roll hips stepping in a circle format - R fwd, ½ L cross/step, ¼ L, ¼ L cross/step, R fwd, ¼ L with cross/step, ¼ L, L fwd

- 1-2 Step right forward, Make a ½ turn left on right and slightly cross/step left over right 12.00
3-4 Step right forward turning ¼ turn left 9.00, Make further ¼ turn left cross/stepping left over right 6.00
5-6 Step right slightly forward 6.00, Make further ¼ turn left cross/stepping left over right 3.00
7-8 Step right forward turning ¼ turn left 12.00, Step left slightly forward

****RESTART ON WALL 4****

(Note: The above 8 counts are in a circular format rolling the hips on each step for styling)

[73-80] Jazz box ¼ turn R, Cross/step, Point L, Triple step ¾ turn L

- 1-2 Cross/step right over left, Step left back turning ¼ turn right 3.00
3-4 Step right to right, Step left forward
5-6 Cross/step right over left, Point left toe to left side (hold point for as long as you can) 3.00
7&8 Step left beside right making a ½ turn left 9.00, Step right beside left, Make a further ¼ turn left & step left slightly forward 6.00

RESTART

Restart Notes:

On Wall 3 you will Restart after count 64 facing back wall

On Wall 4 you will Restart after count 72 facing the back wall

On Wall 5 you will slow down with the music from count 33 – 40, Hold count 40 (touch right toe behind left looking left) until the beat kicks back in. You will Restart the dance again making a ¼ turn right to the front wall to restart dance.

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